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Overdevelopment Déjà Vu?

Loudoun Starts Work On New Comprehensive Plan

– By Andrea Gaines

In February and March, the Loudoun County Board of Supervisors initiated an effort to review the county's Comprehensive Plan. In April they approved the Plan Charter that will serve as the guideline for the process. Initial meetings are scheduled for June.

As described in the charter, the Comprehensive Plan is "the community-based vision for Loudoun's future and the land use policy document adopted by the Board." The new plan to be developed will "account for existing conditions and new projections in growth countywide," with county staff estimating that the four-phase effort will take a minimum of 18 months to complete.

Loudoun's Current Comprehensive Plan Model

Loudoun County is divided into three parts: The Suburban Policy Area (east), the

Rural Policy Area (west) and the Transition Policy Area (middle).

The Rural Policy Area is made up of western Loudoun County, including the towns of Hamilton, Hillsboro, Lovettsville, Middleburg, Purcellville and Round Hill; the joint county/town management areas around certain towns; the southern, western, and northern boundaries Loudoun shares Prince William, Fauquier and Clarke counties; and Loudoun's thirteen rural villages.

The Suburban Policy Area is the easternmost portion of the Loudoun County, and includes Dulles airport; our eastern and southern border with Fairfax County; and the communities of Ashburn, Sterling, Dulles and Potomac.

The Transition Policy Area – east of Route 15 to the Suburban Policy Area boundary, south of Leesburg and north of Route 50 – "is envisioned as a distinct planning area to serve

Continued on page 22

Big Baseball Coming To Fireman's Field

Got Your Father's Day Gift Lined Up Yet?

– By Andrea Gaines

The Purcellville Cannons' Brett Fuller couldn't be happier.

He's the owner of one of the most popular teams in the Valley Baseball League.

The team, up until recently was called the Charles Town Cannons but now calls Purcellville its home.

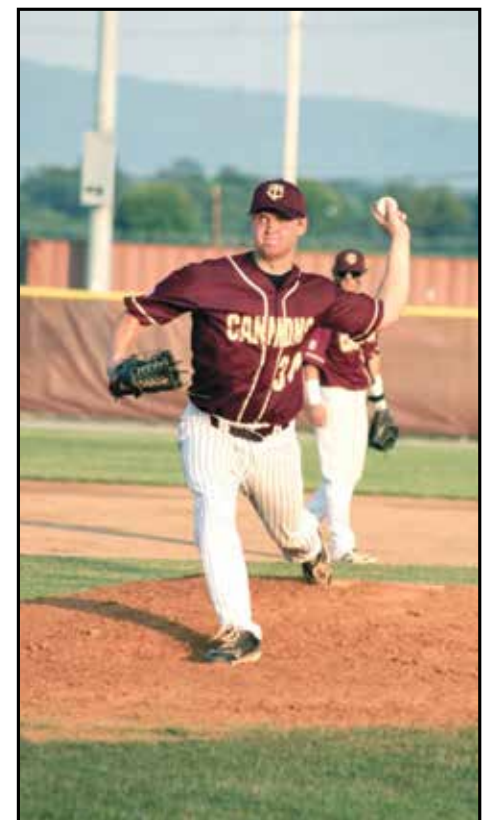
And, the team is set to play a series of games at Purcellville's very own Fireman's starting this weekend – Friday, June 3 against the New Market Rebels, and Saturday, June 4 against the Charlottesville Tom Sox. Get ready, because there are 11 home games in all at Fireman's Field in June.

Valley is the non-for-profit NCAA and MLB collegiate summer baseball league.

Purcellville and Loudoun County itself is known as being extremely supportive of baseball, having hosted Babe Ruth and American Legion baseball tournaments for years. And Fireman's Field, one of the most historic sites in town, is a star in its own right, home to the first lighted baseball field in Loudoun County, recent host of the Babe Ruth World Series and a place that has welcomed guests as notable as Babe Ruth's own daughter, Julia Ruth Stevens, who threw out the ceremonial first pitch when the series was held here.

But, there's more coming up in just days for local baseball lovers. No kidding. A full schedule of great baseball starting this June ... going all the way through the summer.

The now Purcellville Cannons have moved around a bit and changed their skins a few times. Fuller purchased them in 2012 and brought them from Luray, Virginia to



Cannon's player Austin Stephens

Charlestown, West Virginia. Soon after, when their lease ended in Charlestown Fuller got the approval from the Purcellville Town Council to play at historic fireman's field. It was a match made in baseball heaven.

So, come. Enjoy the crowds and the cheers and the wiz'n crack of the balls and bats. (What a great Father's Day outing.) For details on the Purcellville team's story, players and game schedule, go to www.purcellvillecannons.com.

Randal Delivers First State Of The County Address

Everyone Needs To Participate In Loudoun's Success

– By Andrea Gaines

Phyllis J. Randall, elected as chair of the Loudoun County Board of Supervisors last November delivered her first State of the County address to a full and enthusiastic room on May 25.

Randall spoke to a wide variety of issues, describing challenges, achievements and pressing issues – from the county's poor rates of employee retention, to its excellent triple-A bond rating, to its upcoming Comprehensive Plan review.

Highlighted achievements included the county's recent decision to increase the amount of debt that may be issued by \$25 million, enabling Loudoun to, in Randall's



BOS Chair Phyllis Randall with Loudoun Advisory Commission on Youth member Corey Cox.

words, "finance our growing need for schools and capital projects."

Continued on page 20

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<p>Learn more at HeroHomesLoudoun.org</p>		

ASK DR. MIKE

– By Michael Oberschneider, Psy.D.

Dr. Mike,

*My husband has issues with money that are hurting our relationship and family. He makes a lot of money, but he spends more than he makes and we are in debt. He can't just have a luxury car, oh no, he has to have the newest and nicest one in the neighborhood. He can't just have any old golf club membership, he has to have the most expensive one that oh, by the way he only goes to about 10 times a year. His bonus last year was his highest of all time but he spent it before the check even cleared the bank. We have no savings to our name, tons of credit card debt and spoiled kids, but every time I bring our finances up to him he tells me that he "works hard" or he "deserves it" or "chill out" and I "worry too much." I love him to death but can't keep living like this. Got a few ideas for us?
Concerned in Loudoun*



seem to be much of one for him. So, why doesn't your husband get that this a big problem for you and change? First of all, know that you are not alone. Finances can be a topic of stress and discord for many couples, and several research studies have found it to be a leading cause of divorce.

Psychologically, money means and represents different things to different people, and there are usually very good reasons for why that is. Is it just random that some folks are inclined to save, while others have a penchant for spending or that some folks are generous with their money, while others are stingy? Nope. The ways in which we experience ourselves and behave in relation to money depends a lot on our early life experiences. More specifically, we internalize what we were exposed to in childhood, and we then take that forward into adulthood – even what we saw, learned about and understood to be true about money as children.

Dear Concerned in Loudoun,

While your husband's spending style is a very real problem for you, it does not

There are certainly outside factors to consider that will influence how individuals behave with their money,

Continued on page 34

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Woodgrove's Teddy Chipouras Taking His Music Career To The Top

— By Amanda Clark

Teddy Chipouras, senior at Woodgrove High School, is an aspiring musician best known for his growing music career. Chipouras says, "I've always loved music and I give the credit to my parents because they always had great music playing around the house." He was given his first guitar when he was in 4th grade and immediately was interested in it, bringing it to school and playing with his teachers. His sophomore year of high school he quit sports to fully pursue his music entirely through writing, singing, and getting gigs. "It is such a crazy feeling to have someone listen to your music and genuinely feel happy. Something that you poured your soul into is making somebody feel something, which is such a humbling feeling," he says. Chipouras has begun to do collaborative songwriting with artist Todd Wright at Half King Studios in Leesburg. He says, "I've always been sort of controlling over my songs, not wanting to open up to collaboration, but I've realized how cool it is to create with other people and the stuff that more than one brain can make is incredible." The community has embraced his music in a positive way. "Every once in a while someone I don't know will come up to me and say they have listened to my music and enjoyed it," says Chipouras. Local breweries and wineries have given him his first steps at performing and this is also where



he met Bill and Cheryl Bunce, local music lovers who take in national touring acts into shows under the name "Buncearoo." He says, "They have given me many opportunities to open for artists and also introduced me to Mark Williams, who produced my EP, Rolling Hills. Overall, there would be way too many names to put on here if I wanted to list all of the people who have helped me [spread the words about my music] just out of their hearts and I am so grateful for it." Chipouras would classify himself as a Folk/Americana singer-songwriter and plans to attend James Madison University next year to study music industry and will continue to pursue his career as an artist post-college. Chipouras says, "It is such a crazy feeling to think that somebody is driving around in their car listening to my music, my lyrics, and my stories." To listen to his first EP album, visit any major music distributors such as iTunes, Spotify and Amazon. His website is teddychipouras.com.

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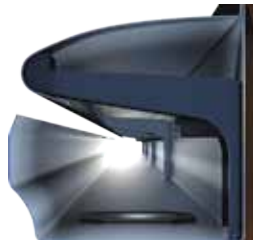
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Letter To The Editor

The Strength Of Our Town Is Our People

Dear Editor:

To the people of Purcellville: Thank you from the bottom of my heart. I am truly humbled and gratified by your confidence in me and the opportunity to serve you for a second term as Mayor of Purcellville.

I promised to be a Mayor for all of Purcellville and to work with all of you to build, collaborate and create solutions for a vibrant Purcellville. I believe that is what I have done for nearly two years. I will work just as hard in the next two years to meet our shared goals:

- A growing local economy with successful businesses and opportunities for everyone.
- A town with meaningful public participation and transparency.
- Executing our residents' vision for Purcellville via the Comprehensive Plan Review and Revision.
- A town with reliable, efficient town services and solid stewardship of taxpayer dollars.
- A great town that will become even greater.

We face many challenges that are not insurmountable. When we work together toward a common purpose, our entire town wins. Purcellville has a diverse, talented, and innovative population and the strength of our town is our people. I encourage everyone to volunteer on our various boards and commissions and utilize your skills for our community.

Thank you to my campaign team for your hard work and unwavering dedication and to the many donors and volunteers who brought us to this victory - Thanks to all for your hard work and unwavering dedication.

Most of all, I have the most incredible family. It starts with my wife, Angela, who kept me focused and managed our family life during this campaign. Campaigns are tough, and our three kids sacrificed time with me, and I appreciate their willingness to share me with all of Purcellville.

And again, to the people of Purcellville, I thank you for the privilege of your trust and the gift of your confidence. I will continue to work tirelessly to serve all of you.

Purcellville is more than a place to be from, but rather, a place where we can live our lives well. It is a town where we can raise our families, retire, and find excellent recreational opportunities. Most importantly, we have a town that we will hand off to the next generation and still be a great place and recognizable as Purcellville.

Mayor Kwasi Fraser
Purcellville

Isn't Loudoun Better Than This?

Dear Editor:

More than forty years I have watched a rising tide of development flowing from the east across Loudoun. Once it was thought the western mountains would be spared the flood. Now it seems the forces ready to pave over Loudoun are rising ever higher. Must this deluge reach even to the mountain top and leave its ugly scar?

Our congregation has a church home in the peaceful valley between the Short Hill and Blue Ridge Mountains. Easter mornings before the sun peeks over the mountain, we gather on the Raymond Farm next door to our church. Then we celebrate Jesus' resurrection as we watch the sun rise above the Short Hill. But AT&T's planned data dump on Short Hill Mountain may become an eye sore we view for all Easters to come. Isn't Loudoun better than this?

Roland England, Pastor
Christain Community Church at St Paul's,
Neersville

Paving Paradise To Put In Parking Lots?

Dear Editor:

Two issues that will affect the very character of Loudoun County, will be discussed and voted on at the June 15 Board of Supervisors Public Hearing.

In the Rural and Transition Areas of the county, when subdivisions and Rural Hamlets have been built, a certain amount of land has, by zoning regulation, been set aside as "Common Open Space." Uses in the past have been limited to those which would keep this in agricultural or passive recreation uses, i.e. barns, trails, picnic areas or community gardens. A new zoning amendment, (ZOAM 2015-0006), is proposing 36 new uses in these open spaces, ostensibly to increase their economic viability. While many of these uses would not adversely affect the character of the area, many others allow for large scale development of breweries, wineries and recreation facilities etc., some with parking areas for up to 400 cars. Surely a closer look and much more citizen input is needed before permitting these sweeping changes!

The second issue of concern before the Board on June 15, is the Kirkpatrick West Commercial Center. At Braddock Rd. and Northstar Blvd., in the Transition Area. Originally planned as a Harris Teeter anchored shopping center serving the area, the applicant is requesting huge changes in the size and scope of the project. The special exceptions include adding 3 fast food restaurants with drive-throughs, a cut rate filling station, and increasing the size of the Harris Teeter to make it the largest in Virginia. Although this project would be great in a suburban area, it is totally wrong for the Transition Area. According to the Loudoun County Comprehensive Plan, the TA is "...a visual and spatial transition between the Suburban Policy Area to the east and the Rural Policy Area to the West". The TA is already burdened with unplanned, explosive growth, which has clogged roads and made new area schools the most overcrowded in Loudoun. Building a project of this size, designed to attract customers from Fairfax, Prince William and from across our own county, is surely guaranteed to wipe out what is left of the TA, a unique part of Loudoun's character.

Those who are concerned with preserving open space in Loudoun, and don't want to see subdivisions at the fence lines of Loudoun's rural farms, should write or email their supervisor, Tony.Buffington@loudoun.gov if in the Blue Ridge District and the other emails are: Phyllis.Randall@loudoun.gov, Ralph.Buona@loudoun.gov, Suzanne.Volpe@loudoun.gov, Ron.Meyer@loudoun.gov, Geary.Higgins@loudoun.gov, Matt.Letourneau@loudoun.gov, Kristen.Umstattd@loudoun.gov, Koran.Saines@loudoun.gov - as all supervisors will vote on these changes. Also to have their voice heard before the vote, they can attend the hearing:

Board of Supervisors Public Hearing, June 15, 2016, 6 p.m., Government Center Board Room, 1st Floor, Leesburg.

Nancy Ryan
Aldie

I Am Ready To Serve

Dear Editor:

I wanted to extend my appreciation to the voters of Purcellville for coming out to the polls on May 3rd and giving me the opportunity to serve you on the Purcellville Town Council. Many thanks to my family and friends that supported me through this process. There are too many to list, and the fact that there are that many is truly a blessing.

The peoples' voices and votes sent a clear message, and I will continue to be accessible to all opinions, including those of the candidates who were not chosen.

I firmly believe that the main reason why those that were victorious is that citizens felt their voices have been routinely dismissed over the past 8 plus years. Government at all levels has continued to struggle and lose the interest and trust of the people, and I hope that we can begin to change that right here in Purcellville.

To those who were successful, the citizens have placed an immense trust in you to act on their behalf and spend the money they earned wisely. That is quite a role to have achieved, and I look forward to working with each of you.

"The Council that will be seated in the next two years will have to make some of the toughest decisions that this community has

ever faced."

Now the tough work begins, and I am ready to serve.

Ryan J. Cool

Purcellville Town Council Member - Elect

Thank You, Purcellville!

Dear Editor:

Thank you, Purcellville!

It is with enormous gratitude that I thank the citizens of Purcellville. I am overwhelmed by your show of support and I look forward to serving you on your Town Council.

It is vital that the elected Council members remember the very strong message that you gave us on Election Day. The issues and concerns that you shared with me time and again will remain foremost on my mind as I prepare to take office. I have started preparing for this work in several ways, including reaching out to the community, working with Purcellville town staff, and discussions with Council and Board members.

While the tasks before us are difficult, I am convinced that together with the community's involvement we can be successful in paying down the debt, finding new sources of revenue, adopting smart growth strategies, increasing transparency and outreach to citizens, and preserving Purcellville's history, small town character and sense of place.

I work for you and you can always reach me through my town email account at cbledsoe@purcellvilleva.gov, or by my cell phone at 703 728-3377.

With my sincere thanks,
Chris Bledsoe

Purcellville Town Council, Elect

Thank You Purcellville Voters

Dear Editor:

I would like to thank you, the Purcellville voters, for your tremendous support of my campaign for Town Council. I appreciate that so many of you put signs in your yard, sent emails, wrote letters, made phone calls, and talked to your friends and neighbors. I especially enjoyed my time walking door to door and hearing what concerns you have. I promise to listen well, work hard, and make the right decisions to Preserve Our Small Town Life in this amazing town. There is a lot of work to be done, and I am energized more than ever and already working for you. I look forward to hearing from you over the next 2 years. I am humbled and so very appreciative of all of you. I consider this opportunity to serve the residents of Purcellville an honor and a privilege.

I need to say a personal thank you to my husband, Bobby and daughter, Abigail. They have been the awesome home support necessary when running a campaign, they amazed me with their teamwork. I am especially grateful they understand and appreciate the undeniable part of me that loves Purcellville and cares deeply about the residents. They have confidence in me that all the time I spend away from home will come back to our family, their friends, and neighbors in many practical ways. Please, always feel free to contact me with any questions or concerns.

Kelli Grim
Purcellville Town Council

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Residents Urge BOS To Deny AT&T 160,000 Sq. Ft. Facility

– By Andrea Gaines

At the April 26 meeting of the Loudoun County Planning Commission, AT&T approved a commission permit, in a 6-2-1 vote, to build a 160,000 square foot telecom building on top of an existing underground facility on Short Hill Mountain. The Loudoun County Board of Supervisors has 60 days to either approve or deny the permit, which will go into effect on June 25 without board action.

Due to overwhelming citizen opposition to the size and location of the proposed building, and fundamental questions about the exact nature of the facility expansion, the board took a big step in May, moving the issue to their June 23 business meeting.

After the commission permit had already been granted, the public began to hear of the proposed project. As western Loudoun residents grew increasingly concerned about the impact of the facility on the view shed from Neersville, Lovettsville and beyond, Supervisors Geary Higgins and Tony Buffington arranged for AT&T to appear at a community meeting on May 23 in Lovettsville. At the standing room only meeting which had over 240 people, the applicant fielded questions from citizens expressing concerns that the facility, although termed a “utility substation transmission” in the planning commission document, is actually a data center, not a

permitted use in the Short Hill Mountain AR-I District (Agricultural-Rural). AT&T Project Manager Bob Ericksen countered the characterization of the building as a data center, saying: “There’s a difference between switching and transmitting data and ... a data center. They look a lot different, too, other than the outside.”

The audience, however, seemed unconvinced, questioning whether this was to be a commercial use or a military use, whether the facility was something that AT&T would build only to sell or lease to others at a later date, whether western Loudoun residents would benefit from the facility, and whether this process would open the door for similar substation expansion permits.

Neersville resident Christopher Griggs had written to the Blue Ridge Leader saying “I am wondering if the existing building is the one on top of the hill that several months ago turned on their floodlights. I had not noticed the building before, but now, there are so many lights that the night sky is now filled with light pollution ... and my yard is being dug up to lay fiber optic cables, and yet, none of this obstruction offers any benefit to the local communities.”

In a joint email press release at the end of May, Blue Ridge District Supervisor Tony Buffington and Catocin District Supervisor Geary Higgins also expressed caution and seemed to go out of their way to allay

citizens’ fears. “We continue to share the concerns expressed by many of you about this facility on Short Hill,” said the press release. “In our opinion, many questions still remain and we remain opposed to the current application.”

Concerns have been circulating at meetings and online about the path this application took through the planning process. According to an April 26 Planning Commission memo, “The application was initially submitted in the form of two special exception applications for the removal of non-conforming use status (SPEX-2015-0036) and expansion of an existing telecommunication facility (SPEX-2015-0037). However, Zoning Administration staff subsequently determined that the proposed land use met the Ordinance definition of “Utility Substation, Transmission”, which is a permitted use in the AR-I District. As such, the two special exception applications were determined to be unnecessary. Because the proposed 160,000 square foot facility was not included in the 1962 Commission Permit application, a new Commission Permit is required for the expansion of the existing use.”

If the project had been deemed a new use on the site, it would have required a Special Exception permit, a lengthier process involving more opportunities for citizen input.

In testimony before the BOS, former White House Council on Environmental Quality

official and local business owner Malcolm Baldwin argued that the proposed facility is a new use of the site, and urged the BOS to overturn the AT&T commission permit, saying, “... This is a substantially new facility, not an expansion of an existing one. In place of an underground facility employing, now one person, it’s for a 160,000 square foot 35’ high building, 433 feet long, employing 60 people around the clock ... Strangely, in February the applicant withdrew its November submission of two special exceptions for this project after discussions with the staff. So staff recommended Planning Commission approval with no public engagement from Catocin residents in which the project would lie ... Staff recommendations for Planning Commission project approval simply conclude that all impacts will be mitigated and that this expansion will benefit area residents, businesses, and governments. But there will be no benefits – to Hillsboro or elsewhere ... Understand that even a secret federal facility must comply with federal law ... I [have helped] the Defense Department comply with environmental impact statement and assessment requirements, with which no federal agency, even through contractors, is exempt.”

This issue will be decided at the Loudoun County Board of Supervisors meeting on Thursday, June 23, 5 p.m., at 1 Harrison Street SE, Leesburg.

Purcellville Comprehensive Plan Workshop May 19 – Going Through The Pro Development Motions

– By Nathaniel Stephens

On May 19, the Town of Purcellville hosted a rezoning workshop to explore resident feedback on future town growth. Only thirty citizens attended, as the workshop was not widely advertised.

Purcellville town planners are in the process of performing the required 5-year review of the Comprehensive Plan. Six tables were set up with a large map in the center surrounded by smaller sheets of paper that contained a questionnaire to rank certain aspects of town and their importance to the participants.

Residents who attended the three previous Comprehensive Plan meetings echoed they wanted to keep Purcellville the way it is and keep the “small town feel.” However, staff and planners have repeatedly said that growth is inevitable and the town should manage it.

The main issue with the May 19 workshop is that growth was characterized as the only option. “The town must grow” has become a mantra that is repeated and reinforced by development proponents. The town hired two zoning consultant firms, Kimley-Horn and McBride Dale Clarion to facilitate the exercises. At each table a representative from either consultant would direct participants (in my opinion) like a dutiful adult guides wayward children. No one questioned the delivery or loaded rhetoric of the workshop. The exercises, the map layouts, the opening statements, and the heavy involvement of land owners and developers in attendance – all with

properties waiting to be annexed – suggested that Purcellville’s growth is inevitable and as such resistance is an exercise in futility.

Another question to ask is whether the extensive Comprehensive Plan Review, with a \$100,000 price tag, is really geared to what the citizens want. The current plan is still relevant through 2025, with a few exceptions such as the references to the Purcellville Urban Growth Area Management Plan. Yes, it must be reviewed every 5 years, but the current Comp Plan vision remains the same.

A representative of McBride Dale Clarion directed participants to a slideshow presentation where a map of Purcellville was shown. The map was covered in numerous circular lines that concentrated on the outskirts of town. During the presentation the audience was asked several questions: Where should you grow, what should be preserved, and what kind of development would you like to see? All of these questions assume growth, with the second question giving a subtle nod in the direction of those who would like the town not to grow as if they were saying “We recognize your opinion but that’s about as far as you get.” This opinion is reflected by all the areas that exist outside the town limits where developers would like to expand. But the land outside the town is controlled by county zoning which is less dense.

Council Member-elect and Planning Commissioner Nedim Ogelman, attended the workshop. At one point, he stood

and reminded the citizens in attendance that any attempt at growth outside the Purcellville town limits could be appealed at the county level, saying “[As] Purcellville citizens we should not forget that we are also Loudoun County and Virginia citizens. We enjoy full rights as citizens of our county and state in addition to our rights as town citizens and we can use these political rights to lobby the other levels of government in line with our vision for our town.” This statement was in reaction to the lead moderator’s introductory remarks. She framed the discussion in terms of town citizens having “no control” over the outlying areas. Ogelman spoke up in opposition to that line of argument.

Council Member Kelli Grim said she agreed with Ogelman. She suggested that the consultant should make citizens aware of the County’s Revised General Plan. In Chapter 9, county policies regarding the small towns of Western Loudoun, updated their Comp Plan in 2012 - when PUGAMP was eliminated - to state: “The town did not desire any increased density and growth outside the current incorporated town boundaries into the Joint Land Management Area.” Grim reminded the consultant how important it was to have the current Comp Plan available to the public.

I hope the citizens are offered a “do over” for this meeting, was truly, in effect, just like going through the pro development motions, with all the players in attendance.

Purcellville Council Meeting And Work Session - May 10, 24

– By Nathaniel Stephens

The Purcellville town council meeting May 10 discussed three issues of important business: Awarding a contract for the creation of a promotional video for the town, deciding on ticket pricing and discounts for residents in the upcoming Wine and Food festival, and deciding how the council will address complaints brought against a council member by a citizen.

In a previous council meeting on April 26, the council was introduced to a company out of Rochester, New York. The company, CGI, has thirty years’ experience producing videos for over 3,000 municipalities in both the United States and Canada. They would produce seven promotional videos at no cost to the town and CGI would make its profit from selling advertising space around the video player, on the town’s new website set to roll out in June, to local businesses. Councilwoman Lehr upheld her belief about CGI’s advertising model stating she “had a problem with [the] advertising aspect of it” thinking it would aesthetically take away from the website and favor some businesses over others.

The majority on council did not think it best to choose CGI immediately, but instead opened competitive bidding to include

Continued on page 26

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Painted Barrels Around Purcellville – Saturday June 4



“Painted Barrels Around Purcellville,” a Community Art Project coordinated by the Purcellville Economic Development Advisory Committee, will unveil over 30 oak barrels painted by local artists. Each artist volunteered his or her time and talent and was asked to paint a Purcellville or Western Loudoun County theme on a barrel. “Man, did they get creative!” said Michael Oaks, project coordinator and EDAC member. “What a wide range of artist that contributed, from two eleven-year-old students, Participants from VSA Arts of Loudoun County, and some the area’s top professional artists.”

“The Big Unveiling” will take place on Saturday, June 4, from 9 a.m. to 1 p.m. at the

Purcellville Farmers Market at the Shoppes at Maple and Main.

After “The Big Unveiling,” the barrels will be placed at local businesses that have made a contribution to sponsor a barrel. The businesses will display them until early fall. On November 12 at the Bush Tabernacle in Purcellville, the barrels will be auctioned off one-by-one to the highest bidder. It will be a special night, and more details will be released in the summer. All money raised at the auction will go towards next year’s community art project. “What we’re doing is creating self-supporting community art projects for years to come,” says Oaks. For more info contact Michael Oaks 540 751-0707.

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Signing The Oath Of Office

Kelli Grim signing the oath of office for the Purcellville Town Council, May 6. Grim took her seat immediately after the May 3 election, which was for the vacant seat of Ben Packard. The official swearing in for Mayor and Council-elect will take place on Monday, June 27 at 6 p.m.



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Adorable home completely redone on hard to find 10 acres with great horse barn. 4 stall center aisle barn. Home features new appliances, lighting, bamboo flooring, carpeting, 3 redone bathrooms. \$575,000



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Contemporary residence on 31 acres features 4BR, open floor plan, fireplace, gourmet kitchen. MBR on Main Level w/ CA closet & Jacuzzi tub. Den w/ wood stove opens to lower deck. Center aisle Stable w/ 6 stalls, feed room, tack & office, & 1HBA. \$1,495,000



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Sugar Crash

— By Mary Rose Lunde

Sugar runs inside our body and fuels our very being. In biology they teach us that sugar is really glucose which is broken down in the body to produce ATP (adenine tri-phosphate). So why bring this up? Well, sugar is vital to our bodies, so why do doctors, dietitians, and many people view sugar as bad if it's vital to our bodies? Well, it is because sugar is a generalized category.

In a day and age where sugar is considered entirely bad and America is in a health crisis, what else is there to do except call everything bad? In actuality, there are good sugars and bad sugars. There's the manmade sugar that is actually bad for your body, and then there is natural sugar in fruit and vegetables, even in meat. If all the sugar we consume in our bodies were labeled 'bad' and uneatable, we would have almost nothing natural to eat.

So what do we do about sugar? We eat the foods that are actually good for our bodies. The natural kind of sugar that won't cause what people consider a sugar crash. You see, natural sugar doesn't cause crashes, if anything, it increases the natural sugar in our body which reflects in the energy we sustain. It's why fruit smoothies feel so good and taste great too.

There isn't anything wrong with eating a doughnut or cookie every now and then, but as the common saying goes: "Anything in moderation is good." Think about it, does a cookie ever hurt anyone? I'm sure there are a few exceptions, but no, one cookie doesn't hurt anyone. Doctors may disagree, but personally a



LUNDE

cookie shouldn't hurt anyone. Granted, the desire for more than one is something that is dangerous.

So why talk about sugar? In this day and age, sugar is the enemy. Well, I'm here to tell you it's not the enemy. Sugar is our gateway drug a scapegoat to reduce our value of ourselves. I'm not saying that managing sugar intake is a bad thing, I'm saying that over analyzing and over thinking sugar is what is destroying us. Think about it, we spend our entire thought process on food. What are we going to eat next, who is cooking tonight, etc. We need to eat what we are supposed to eat and focus on the important things.

Health is the key to all of this, so they say. Make sure you don't eat too much sugar, eat your vegetables, etc. My favorite is don't eat all those carbs. Trust me, that is harder than it seems to be at the college that has the best dining halls in America. So what do we do? When we do the right things, we feel good about ourselves. When we don't obey these laws and "cheat" then we feel bad and that either motivates us, or pushes us away from our goal.

Ultimately, sugar is still sugar. Good or bad, it fuels our body. So in regard to that, eat. Live life and enjoy what you eat. If you want to do something for yourself then do it. Eat what you want, your body is your body. Don't let anyone else tell you otherwise. Sugar is still sugar and you are still you.

Mary Rose Lunde is finishing her second year at Virginia Tech.

Improperly Discarded Hot Materials Continue To Cause Fires

On Monday May 16, within a couple of hours, Loudoun County had two fires related to improperly discarded hot materials, one from smoking materials and another from portable fire pit ashes. Unfortunately, these are familiar fire causes in Loudoun County.

Residents often think they have extinguished a fire once the flame or ember has disappeared. But unless the heat is fully extinguished by water, hot embers can continue to smolder. When smoldering embers from cigarettes or portable fire pit ashes come into contact with any combustible, a fire can occur.

Usually these smoldering fires go undetected because they occur outside near the home where there are no smoke alarms. Once a fire begins to burn, it grows exponentially in size, and becomes an out-of-control blaze. The best way to protect yourself from these fires is to be diligent when disposing of hot materials.

Follow these fire safety tips to protect your family and home from a fire caused by smoking:

- If you smoke, do so outside.
- Use a deep, sturdy ashtray and be sure it is placed on a surface where it will not tip over.
- If using a larger container, place cigarettes in a metal bucket or ceramic pot filled with sand. Never use plastic

containers or anything that holds potting soil. Be sure to clean out cigarette butt containers often.

- Place containers away from the house. Never place containers on front porches, decks, or just outside the door.

- Soak cigarette butts and ashes in water before throwing them away. Hot ashes can smolder for days.

Follow these fire safety tips to protect your family and home from a fire caused by portable fireplaces, fire pits, fire bowls, and chimneys:

- Place the appliance on a level, non-combustible surface, such as stone, brick, or concrete. If you are unable to place it on a non-combustible surface and must place it in the grass or on any other combustible surface, place a fire resistant pad underneath the appliance and monitor it closely.

- Keep the appliance at least 15 feet away from the residence, taking care to be aware of nearby combustible materials, such as decks, exterior walls and plants.

- Use a sturdy screen to contain sparking or flying embers.

- Soak ashes thoroughly with water and always let ashes cool before disposing of them into a closed metal container. The metal container should be kept outside, a safe distance away from your home or other structures.

Elementary School Student Kashvi Ramani Grand Prize Winner

— By Amanda Clark

The Outdoor Power Equipment Institute's Research and Education Foundation and Scholastic will recognize Kashvi Ramani and his school with a \$5,000 grant to improve the yard and landscape at Belmont Station Elementary. Ramani won TurfMutt's "Be a Backyard Superhero" national contest for kids by writing an original rap song about taking care of green spaces and celebrating living spaces. This contest was open to students K-5 and 790 entries were submitted. To enter the contest students created an original picture using TurfMutt character cutouts and wrote stories accompanying their artwork. They had to display how the

Backyard Superheroes were combating environmental villains while saving living landscapes. Kris Kiser, Outdoor Power Equipment Institute's president and CEO says, "Kashvi's entry was very creative and caught my eye right away. We know that when children apply what they have learned, it is more likely to stick. It's even better when they can talk and express what they are learning about environmental stewardship and how we take care of green spaces. I'm really delighted to recognize this student and the OPEI Research and Education Foundation is thrilled to be able to provide a \$5,000 grant for the school." On Wednesday June 1 at 11:30 a.m. Ramani will be performing the song with his classmates.



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Do It Yourself Legal Products Bargain Or Trap?

The proliferation of online vendors offering legal documents and services for fixed fees is causing a real stir in the legal community. On the one hand there can be no question that the pricing of legal services puts personalized legal counsel out of reach for many people. On the other hand, most legal problems do not lend themselves to over-the-counter solutions.

The North Carolina State Bar Association tried to close down LegalZoom charging it with the unauthorized practice of law. A court order reversed the action. In the meantime, Rocket Lawyer, a competitor to LegalZoom, is teaming with the American Bar Association to offer legal advice to small businesses. The Virginia State Bar is carefully reviewing the situation in Virginia.

The Virginia State Corporation Commission provides forms for all the basic business entities online for your use. Go to www.scc.virginia.gov/clk and click on "Forms and Fees." You can file to create a limited liability company or corporation immediately by clicking on "SCC eFile" and completing the forms provided.

Where does all this leave the non-lawyer who needs legal services? Basically, you travel at your own risk. The problem is you don't know what you don't know.

Granted, it sounds self-serving for lawyers to oppose online services, but, if it were all that simple, then three years of graduate study and the successful completion of a two-day bar examination would be



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unnecessary.

A simple LLC? – no problem: fill in the blanks and hit "file." But, uhh, how do you intend to classify the entity for tax purposes? What are the differences? What form do you use? Do you need an "operating agreement?" Separate

bank account? How about an EIN?

Your author has seen what can happen to a "simple will" created online. In an actual case recently, because of some conflicting wording downloaded into the form, the estate administrator was forced to go to court for clarification. Two years and nearly \$30,000 in costs and fees later, the estate was settled in a manner which was inconsistent with the testator's intention.

Often there are different but related legal matters occurring at the same time, as, for example, with a marital dissolution and will revisions. There is a need for wise counsel and, sometimes, more than one lawyer with different specialties. Of course, fees escalate. Would that it were not so. Unfortunately, it is the system in which we live.

The foregoing article contains general legal information only and is not intended to convey legal advice. For legal advice regarding estate planning, the reader should contact his/her lawyer. Legal advice and services are not offered through Raymond James. Amy V. Smith Wealth Management, LLC, CFP®, CIMA, offers securities through Raymond James Financial Services, Inc., member FINRA/SIPC. Her office is located at 161 Fort Evans Road, NE, Suite 345, Leesburg, VA 20176. Tel. 703 669-5022, www.amysmithwealthmanagement.com. Dan Smith is not affiliated with Raymond James.

The Immortals Trip To Cleveland Teaching Underprivileged Kids Music

– By Frank Keim

The Immortals, a group comprised of top young music students from Loudoun County, traveled



to Cleveland, OH to reach out to kids with little opportunity for music education. The Immortals played a free benefit for the seven Boys and Girls Clubs of East Cleveland on Thursday May 5. The Director of the Boys and Girls Clubs on the East Side, Roscoe Morgan, has been working with Frank Keim of Lovettsville for 8 years. Together they bring bright young music minds from Loudoun to Cleveland to work with the Cleveland Youth Clubs. Roscoe Morgan said of the Immortals, "The Immortals are a blessing to my kids and we have been looking forward to their return for 6 months!" The Cleveland kids danced, laughed, and came on stage and played with the Immortals. They all came away looking forward to the next day.

On Friday May 6, kids from across Cleveland were bused to Cleveland Heights and received free workshops in

Guitar, Piano, Songwriting, and Conga/Drum Set technique. The Immortals cycled children through all day providing musical education and inspiration. That night the Immortals hooked up with Grammy Award winner Larry Mitchell to put on a benefit at Cleveland's "Bop Stop." The night of jazz was dedicated to "Ymusic," a local organization focused on providing music opportunity for Cleveland Youth. The concert was a complete success.

On Sat. May 7 the Immortals linked up with the students of "Ymusic." The students from Loudoun made their knowledge and musical experience available to more kids there. The Immortals linked up one on one with the kids and made many lasting bonds. The Immortals are Bebe Baxter, Emily Horton, Aidan Bruecken, Cole Zimmerman, Nathan Dahlman, Lauren Bogle, Hannah Becker, Ryan Taylor and Michael Preston

For information or to support the future efforts of the Immortals to reach out to the Cleveland youth, contact Frank Keim at 540 822-5231.

The Art of Memory

– By Samuel Moore-Sobel



MOORE-SOBEL

Still Alice. A movie that not only elicits tears, but naturally incurs reflection. This heartrending movie was the starting point of a personal wrestling with the implications of human memory. Remembering can bring us back to a moment of sheer happiness, or a time of intense pain. Over time memories may fade. Yet the effect that memory has on our lives is unmistakable. Reminiscing reminds us of who we are, allowing us to linger for albeit a few moments with the parts of ourselves that may have been lost along the way.

My friends sometimes express irritation at my ability to remember facts, especially when I can sometimes recall the exact paragraph and page number where I read a certain word or phrase. "I don't have a photographic memory like you, Sam," is a refrain I have heard more than once, although I would hardly characterize myself as possessing a photographic memory. I do admit to coaxing my friends into telling the story of the first time we met each and every time a party is held. My personal favorite is the story that is far too long to recount of how I met someone through a mutual friend who has now become one of my closest friends, despite the fact that great differences exist between us. While my friends may not share my love for repetition, they usually indulge my zany request. After all, what good is a story if it cannot be retold?

The past has a way of sticking with us through our memories. Friends are bound together by the memories of past experiences. Families are too. Although certain memories can create slight rifts, separating those who experienced a certain event and placing them at odds with those left behind. A nearly nine year age difference exists between my sister and me. She often bemoans the fact that there are moments remembered by her older brothers that she does not share. Sometimes this is because she was too young to remember, or not yet born to experience. She used to claim this meant that my brother and I were closer, that we had a bond she could not permeate. As she has gotten older I think she sees this a bit differently, yet her point remains a valid one. Memory can sometimes strengthen a bond while having the perceived effect of leaving others out.

Oddly enough, retaining recollections of past injustices seems far easier than holding onto positive occurrences. There are memories I desire to release from my mind, memories better kept locked in the past. There are certain things I have had to forget, or at least table for a time just to survive. Some memories have faded with the passage of time, while others have only become stronger. Certain smells or places can cause a memory to come roaring back. There have been times in my life when I was at war with my mem-

ory. Sometimes I have won, other times I have lost. Warring with recollections of the past is seemingly unending.

While some events may be better forgotten, the complete loss of recall is a frightening prospect. When others do not recall events the same way, it almost seems to invalidate

the memory. If it is forgotten, the moment is effectively erased. Saul Bellow once said, "Everybody needs his memories. They keep the wolf of insignificance from the door." Recently reading *When Character Was King* by Peggy Noonan, she relates a story former Secretary of State George Schultz had once told her about a visit with the Reagans. As Schultz sat talking with Nancy Reagan, years after her husband was diagnosed with Alzheimer's disease, President Reagan happened to spot Schultz as he walked on the grounds of his home with a nurse. He turned to the nurse and said, "Who is that man? I think he was very famous once." The great irony contained in this poignant scene was not lost on me. This man, who had often regaled crowds with lofty rhetoric filled with great stories of America's past, could no longer remember his own. A man robbed of his memory is robbed of his life.

My aunt once wrote to me, "Life makes us question who we are. Faith assures us I am still me." In some ways, memory plays a similar role. In times of great uncertainty, reminiscing about a simpler time can sometimes provide a strong source of comfort. In the 1994 movie *Quiz Show*, Charlie Van Doren finds himself eating a piece of chocolate cake inside his parents' house. In what is my favorite scene in my favorite movie, Charlie tells his father, "You know, I just had the strongest memory. Coming home from school, going to the fridge, ice cold bottle of milk, big piece of chocolate cake. Just the simplicity of it. I can't think of anything that'll make me feel that happy again." A sentiment we can all relate to. My college graduation produced a similar sensation. Cleaning out my room, I discovered old cards, letters and journal entries. I barely recognized the person I once was. Had I changed that much, or were my perceptions deceiving me? I did not want to go back, for the allure of adulthood is far too strong. Yet there was a piece of me that desired to reconnect with parts of myself that had been lost long ago. Reminiscing helped bridge the gap. After his father listens to Charlie's soul-searching statement, he calmly states, "Not till you have a son." Perhaps. Or until fulfillment is found in the present.

Samuel Moore-Sobel prides himself on his good memory but does not claim to have a perfect one. He often frustrates those closest to him by demanding that they recount the exact details of each and every conversation.

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 **Here's To The Colorists, Manicurists and Blow Dry Mavens ... Thanks for Listening!**

- By Andrea Gaines

Sunday, June 26 is Beauticians Day, celebrating the cosmetology and other experts who keep us looking and feeling our best – whether it's with a haircut and style, a facial, a manicure, or just some quiet and light conversation.

As we all know, these folks are a hard working group – often, quite happy to change their schedules around to fit ours, squeeze us in at the last moment, talk about last night's blind date, and give us a few minutes away from the stresses of the world with a nice shampoo and scalp massage.

Everyone has experienced that not-so-perfect haircut. But, for the most part, our beautician does not disappoint. And, the relationship, however infrequent can be a special one. For example, my hairdresser recently told me the story of how another one of her clients – out of the blue, really – shared a rather difficult confidence with her. “He was very quiet when he came in that day,” she said. “At first he said that ‘No, nothing’s wrong.’ But, then he just blurted it out. ‘I have cancer. Treatment starts next week ... so you might not see me for a while.’” She then shared how about 6 months later he came in to her salon and said, “I made it! I’m cancer free! Have time to give me a quick trim?” “It was like no time had passed at all,” she said. “We fell right back into the same easy conversation, and he’s followed me from salon to salon for years now. He seems to enjoy the simplicity – and uncomplicatedness – of the friendship as much as I do.”

So, Happy Beauticians Day. And, here is some more fun stuff. Good points of conversation next time you visit your stylist ... when you're not sharing confidences about broken hearts, and all of the curve balls life throws at you.

- Natural blondes have more hair, 140,000 hairs per head compared to brunettes who have 110,000, black haired people who have 108,000 and redheads, how have an average of 80,000.
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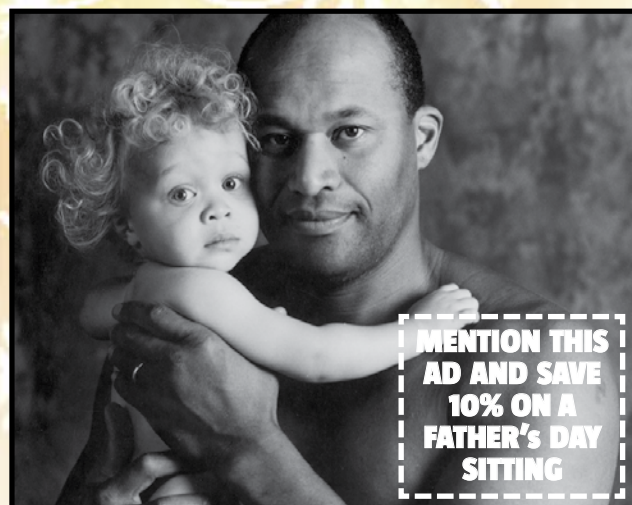
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June In The Garden

Conserve Water, Beat The Heat And Keep Things Blooming

– By Andrea Gaines

It's getting hot out there. And, there's nothing more discouraging for a gardener that to come home after a weekend away – or miss a regular watering schedule – to find that just-about-to-bloom beauty dead on the vine.

There are lots of easy ways to avoid this problem, by listening to nature and becoming a more water-conscious gardener. Good for the garden, your favorite plants, and the planet.

Keep your soil in good condition, with lots of diverse organic matter. When it comes to water retention ... lumpy is good.

Mulch and otherwise avoid big patches of bare open soil. This helps retain moisture in the soil, condition the soil, encourage the growth of good bacteria (and worms!) and prevent the surface of your garden from baking in the sun. Soils with a cooler surface temperature – in the shadow of other vegetation for example – attract water. Straw mulch is great for vegetables.

Make sure plants and trees are planted deep enough, and use piles of stones, small swales – or a terraced effect on garden

slopes or mounds – to help retain water and moderate temperature.


When laying new garden beds, considering laying down old wood and limbs as a sort of sub-surface layer. The wood retains water in the short term and decomposes over the longer term, conditioning, cooling and adding nutrients to the soil.

Lastly, consider a drip irrigation, rainwater harvesting or greywater system for your home and gardens to recycle

water and help recharge the groundwater and wells that serve your property.

A few other reminders: 1) container plants dry out faster than plants in the soil, 2) keep your eye out for the plants that tend to wilt first (an indicator it's time to water), 3) water the plant, not the air (i.e. aim for the roots), 4) generally, it's best to water early in the morning or late in the evening, 5) constantly wet leaves promote mold, so again, focus on the plant's roots.

Beating the heat in your garden is really about doing things the simple and natural way, using the natural water-retaining-heat-beating properties of organic matter, shade and lower surface and soil temperatures.

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Randal, continued from page 1

She also pointed to the fact that the county had recently passed an ethics pledge, established the makeup of standing committees, and passed an operations budget of \$1.6 billion and a six-year capital improvement budget of \$1.8 billion.

She noted that the county had moved from a pay-for-performance system to a merit pay system, what Randall described as a more efficient way of recognizing an employee's hard work. The benefits of those in hazardous duty positions were also increased, bringing Loudoun in line with neighboring counties.

On the economics side, Randall highlighted a recent trip she had made to

Asia, and another trip members of the board had made to New York to meet with the three major crediting agencies responsible for rating the county's finances.

Randall also discussed the Comprehensive Plan Charter the county had just released, noting that the county needed to be in a position to carefully and prudently manage the nearly 30,000 approved but not yet built housing units in the pipeline as of January 2016. Loudoun county, said Randal, needs to be the place that young people want to move to ... and retirees want to stay in. On the zoning side, priorities for Randall are to protect rural west from overdevelopment and commercial encroachment and to get

everyone involved in and engaged in the Comprehensive Plan process.

On Loudoun's county employee turnover rate of 11.1 percent, Randall indicated she would be working hard to improve that, acknowledging that the county's 6,500 full and part-time employees have a big job to do in serving the now 370,000 people who call this home.

Randall also wants the success story that is Loudoun to be felt by all residents. Not always to case today, she acknowledged. She also was clear about the extreme challenges faced by the county department of Mental Health, Substance Abuse and Developmental Services in light of

our modern day opiates problem. She praised the hard work of the Sheriff's Department and other people on the front lines, and noted that these people do more than almost anyone knows. Loudoun's Fire and Rescue personnel, for example, field an average of 82 calls per day. Non-profits are often on the front lines, too, said Randall, and she also praised these groups for the work they do to fill the gaps, promising greater official recognition and support for their efforts. Other county departments were recognized, too, including the Department of Parks, Recreation and Community Services, and Visit Loudoun among many, many others.

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OUT & ABOUT LOUDOUN & BEYOND

Four Hop, Skip And A Jump Local Destinations



A spiral staircase was added to the Long Branch mansion in 1842.



The historic Aldie Mill.



Morven Park magnolias and garden pool.



The Schifferstadt Architectural Museum's 18th century garden and interiors date back to 1756. Photo credit: Tourism Council of Frederick County.

– By Andrea Gaines

Last month we encouraged our readers to consider visiting any one of five great destinations within just a stone's throw of Loudoun's history-lined borders – Berryville and Harper's Ferry among them.

This month we feature four destinations – two right here in our much-celebrated county, and two just over the county line to the north and northwest ...

Long Branch Plantation: Long Branch is country property near the beautiful village of Millwood in Clarke County. Visitors can tour the home and exhibits, enjoy some history and educational activities, explore the gardens, or just lie back and gaze at the Blue

Ridge Mountains. Owned by one family for most of its history, Long Branch survived the Civil War, Reconstruction, the Great Depression, two world wars and more. The property was in private hands until the 1990s, but now – and forever – serves the public. (www.visitlongbranch.org)

Aldie: This charming early 1800s village – located on Rt. 50 just west of Gilbert's Corner – is a lovely place to spend a quiet Saturday afternoon. Even if you've driven through it dozens of times without a thought, it is worth a longer visit. There's great shopping – vintage clothing, antiques, wines, and more – and several nearby options for lunch. The 1807 Aldie Mill complex, with a granary, store house and more is a great place

to pick up a little local history. It is open Saturdays and Sundays from April through mid-November, 12 p.m. to 5 p.m.

Morven Park: This 1,000-acre natural and historic gem – the former home of Virginia Governor Westmorland Davis – is one of the "accessible greats" of Loudoun County. Located just minutes from downtown Leesburg, the property is uniquely Virginian, with a grand mansion house, neatly fenced pastures, barns, trails and museums. You can spend a whole day here ... or grab a sandwich and simply enjoy the tranquility as you lounge on the grass. See everything Morven Park has to offer by going to www.morvenpark.org.

Frederick: Frederick County MD has

everything from historic sites, to great dining and shopping to great recreational opportunities. A good way to approach a trip to Frederick is to plan a route that takes you through the countryside – including the mountain park that includes the Presidential retreat Camp David. In town, the Schifferstadt museum is a standout, one of the best examples of early colonial German architecture in the United States. Visit www.visitfrederick.org as you plan your outing. Certain routes will also let you see some of the area's covered bridges.

Four great places just a hop, skip and a jump away. Enjoy!



Purcellville Music And Arts Festival

All had a good time despite the rain!



From left to right: Priscilla Godfrey, Brenda Ashley and Winnie Reed at the Purcellville Music and Arts Festival. The drawing for the quilt will take place Sunday, October 9 at the Waterford Fair. For more info, email godfreyblueridge@gmail.com.

Celebrate Hamilton Day June 4



June 4, Hamilton Day, 11 a.m. the day will begin with the third running of a cross country race for the kids - Registration forms can be downloaded from the Town of Hamilton web site at: www.town.hamilton.va.us

General questions about the festivities can be answered by either Cheryl Campbell or Carri Michon. Interested participants for the parade can contact Cheryl Campbell at cbikowski@burkinc.com and race questions can be directed to Carri Michon at CLMichon@aol.com.

Overdevelopment, continued from page 1

as a visual and spatial transition between the Suburban Policy Area to the east and the Rural Policy Area to the west.”

The plan goes on to say that the transition zone is “a permanently defined policy area,” with distinctly innovative planning tools and decision-making points addressing community design, location criteria for villages and green infrastructure, reservoirs, river and stream corridors, agricultural potential, cultural and heritage resources, geological resources, water and wastewater and transportation. Per the comp plan, “All development within the Policy Area will be clustered with 50 to 70 percent open space and the full implementation of the Green Infrastructure policies.”

Fiscal Soundness, Growth Management, Preserving The Best Of Loudoun – What’s The Goal?

The opening language of the charter seems to say that the county comp plan, while governing what kind of development should happen and where, is greatly out of sync with what you now see on the ground.

As the charter states on page 5: “While a number of significant amendments have occurred, comprehensive and holistic analysis and revision of the Comprehensive Plan components have not been completed on a regular interval to maintain plan currency with growth and development ...” A great deal of development that has occurred does not match the spirit or the letter of the current plan.

It will be interesting to see, then, how the process unfolds with respect to development within the Transition Policy Area, which the charter identifies as the one of the biggest

The Transition Policy Area – east of Route 15 to the Suburban Policy Area boundary, south of Leesburg and north of Route 50 – “is envisioned as a distinct planning area to serve as a visual and spatial transition between the Suburban Policy Area to the east and the Rural Policy Area to the west.”

“land use challenges over the years.” As noted: “This area has experienced significant development pressure as the [Suburban Policy Area] is nearing build-out and improved roadways are being built nearby.” Many development applications are “in conflict due to the type and density of the development being proposed,” says the charter. Does this mean the board wants to rewrite the zoning in the Transition Policy Area to the point where it no longer functions as a “visual and spatial transition” between the densely developed east and rural west?

The board wants the new Comprehensive Plan to be a combination new policies and policies that have “served the County’s interests over time and have remained relevant to date.” But, it also says it must

be economically feasible and rooted in the realities “of changing demographics, market realities, and fiscal soundness.” In other words, we need more growth. And, that is where the interests of Loudouners divide.

Camp #1: Take A Stand And Protect What You Have

Preservationists, more traditional planners and many new – and old – residential neighborhood groups argue that constant requests for re-zonings special exceptions make the planning process unpredictable and hopelessly developer-centered, less connected to the unique features people come to Loudoun County to enjoy.

They also argue that proposals for dense residential mixed use suburban style development – and efforts to rewrite the Comprehensive Plan to allow quick stops, drive-thrus and boulevard-style roadways in once-untouchable places such as central and western Loudoun – are driving up tax rates, hurting key sectors of the county’s rural economy and trading quality of life for a quick buck.

Per today’s Comprehensive Plan, some suburban-style development is planned for the Transition Policy Area.

But, this side of the argument believes that in the long term Loudoun will be a more prosperous place if, while it grows, it aggressively defends the things most unique about it. This camp also points out that certain aspects of modern day development – features such as paved roads, crowded schools, curbs and night lighting – cost more to maintain over time, creating problems taxpayers must fix down the road.

As Transition Policy Area neighborhood group notes in reference to one specific special exception requested by grocery giant Harris Teeter: “... [the applicant] is seeking exceptions to build three drive-through restaurants and a large automotive service center on the site of their planned store in the transition area, on Braddock Road at Northstar Blvd. The scale of this project would then be totally inappropriate for low-density, current Transition Area zoning.”

Camp #2: Maximize Returns By Responding To The Market Of The Moment

Planners with a more hands-off approach to zoning, and those in the development community see Loudoun’s future as dependent on our ability to absorb as much growth as possible in the shortest amount of

time – the bigger, the better is their mantra.

They are ultimately focused on more density, thus more profit. They also believe that the community as a whole is responsible for the infrastructure costs associated with development. And, they favor maximum flexibility with respect to how a particular parcel of land will be used, favoring today’s mixed use development patterns to more traditional approaches – where residential is kept separate from retail and other commercial uses.

Under this approach, development can happen more quickly and is far less dependent on the culture, lifestyle and history of a particular place – accountable, and accountable only, to whatever market force might be dominating at the time.

Is The Battle For Loudoun’s Development Soul On, Then?

The county’s Plan Charter “Justification and Requirement” statement seems to indicate that Loudoun finds itself at a rather divisive crossroads with respect to planning and development. “Approximately two-thirds of certain legislative land use applications approved by the County contained some form of conflict with land use or land use mix policies of the Revised General Plan,” says the charter.

As the charter also notes, the board has endorsed a staff recommendation to create a Stakeholders Committee, among them, fifteen interest-specific members representing the Chamber of Commerce, the Commercial Real Estate Development Association, the Dulles Area Association of Realtors, the Economic Development Advisory Commission, the Housing Advisory Board, the Loudoun Preservation and Conservation Coalition, the Northern Virginia Community College Board, Northern Virginia Parks Parks, the Northern Virginia Transportation Alliance, the Rural Economic Development Council, the Northern Virginia Building Industry Association, the Piedmont Environmental Council, Visit Loudoun, the Washington Airports Taskforce and the industry dominated Zoning Ordinance Action Group.

The composition of this stakeholder committee has many rural and transition area residents concerned about what the language describing the transition zone as a “permanently defined policy area,” actually means.

For example, with respect to the Harris Teeter approval process, the developer has said: “The Site was zoned in 2005 for suburban commercial uses to serve the surrounding suburban residential uses. Even though the commercial center is technically located in the Transition Policy Area, the site is bordered to the north, south and east by existing suburban residential zoning districts.”

In related public hearings, however, the citizen group Save Braddock Road Task Force is asking that the county “deny all four referenced special exception applications ... [and allow] the Kirkpatrick West Commercial Center on Braddock Road to be developed as a neighborhood center as originally intended and help ease traffic congestion in the area [arguing that] the approval of the commercial expansion and special exceptions, paves the way for them to build what is currently the largest Harris Teeter in the nation ...”

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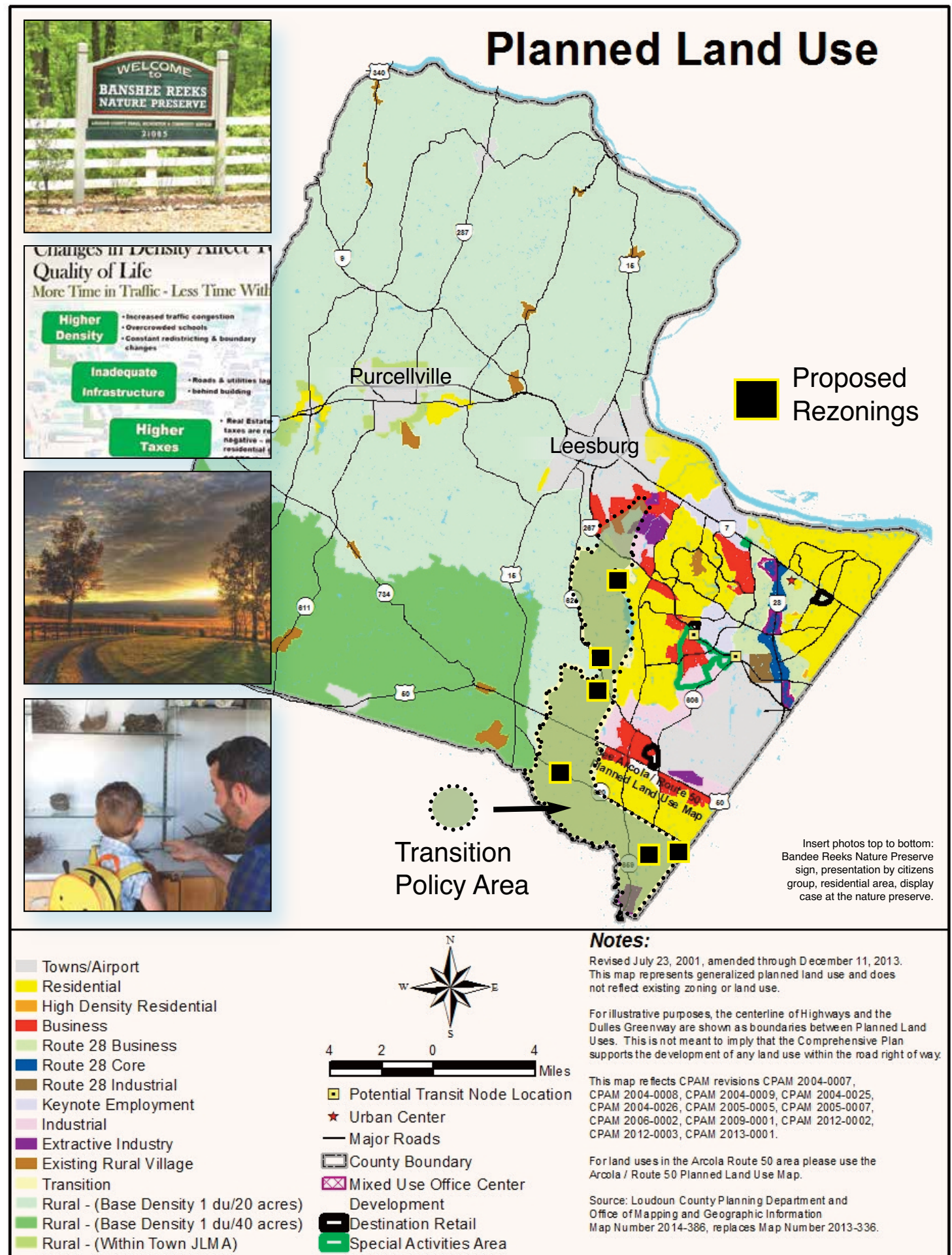


Profile: Transition Policy & Surrounding Area

- **Total Loudoun County Land Area: 333,558 acres**
- **Transition Area: 22,813 acres (6.8 percent of total)**
- **Transition Policy Area Subareas:** Lower Sycolin, Middle Goose, Upper Broad Run, Upper Foley, Lower Bull Run.
- **Key Transition Policy Area & Surrounds Historic Assets:** Oatlands Plantation Historic District, Oak Hill National Historic Landmark, Mount Olive Methodist Episcopal Church, Gilberts Corner, Mount Zion Old School Baptist Church, Little River Turnpike Bridge, Rt. 15 Scenic Byway (Carolina Road), Stone Slave Quarters, Aldie Historic District, Agricultural Institute Farm, Rokbey, Little Rokeby. The Comprehensive Plan identifies the Transition Policy Area as having more than 30 historic structures, including Fleetwood Farm, which is on the National Register of Historic Places, the settlement of Lenah and more than 30 archaeological sites. It also contains "many historic roads or segments of roads that were important to Loudoun's transportation network during Colonial times ..."
- **Neighborhoods & Farms Within Area:** Red Cedar, Goose Creek Bend, Martin's Chase, Woodland & Fleetwood Farm (both share eastern boundary with the Transition Policy Area), Evergreen Hamlet, Willowsford Grant, the Grange at Willowsford, Lenah Run, The Meadows, Lenah Mill, Lenah Run, The Marches, Marrwood at Stone Ridge, Rockbridge, Grove at Willowsford, Kirkpatrick Farms, Seven Hills, Marbury, Dawson's Corner, Cedar Crest.
- **Natural Resources/Points of Interest:** City of Fairfax Goose Creek Water Intake Station, Goose Creek, Broad Run, Bull Run, Lenah Run, Beaverdam Reservoir, Banshee Reeks Nature Preserve (725 acres, shares eastern boundary with Transition Policy Area), Brambleton Regional Park, County Parkland (bisected by area's eastern boundary near Willowsford), Evergreen Community Park, Tillet Park (shares its western boundary with the Transition Area), Sycolin Creek, Little River, Philip A. Bolen Memorial Park, Evergreen Conservancy Park, Tan Branch, Big Branch.
- **Important Bordering Neighborhoods:** The neighborhoods and villages of Belmont, Ashburn, Broadlands, Moorefield Station, Brambleton, Loudoun Valley Estates, Arcola, Stone Ridge, Strafshire Crossing and South Riding.

Other Areas At Risk (indicated on map with black box framed in yellow):

These five rezoning requests would bring



- almost 1,000 new homes to an area currently zoned for less than 250 – a four-fold increase. They include:
- Wildwood Farms, a Pulte active adult residential project on the west side of Goose Creek. Pulte made its upzoning request – 177 units on just over 100 acres rather than the 10 units the land is now zoned for at a BOS hearing in March.
 - Fleetwood Road North Assemblage, a Stanley Martin project near Evergreen

- Mills and Fleetwood Roads. The company is asking for a 5-fold increase in density; 216 units on 136+-acres on land now zoned for 45 homes.
- Ryan Road Assemblage, a Ryland Homes project near the confluence of Ryan, Evergreen Mills and Northstar Boulevard. Here the developer is requesting to upzone their property 1 dwelling per 10 acres to 3 dwellings per acre; 266 residential units plus a commercial center instead of 9.

- Elklick Preserve aka Braddock Assemblage, an EPH Group, LLC project south of Braddock Road adjacent to the Fairfax County border, this requests seeks a total of 83 units instead of 29.
- Lambert Property, is a Ryland Homes project north of Buffaloe Run Lane asking for a rezoning of 190+ acres for a total of 206 units instead of the current maximum of 87.



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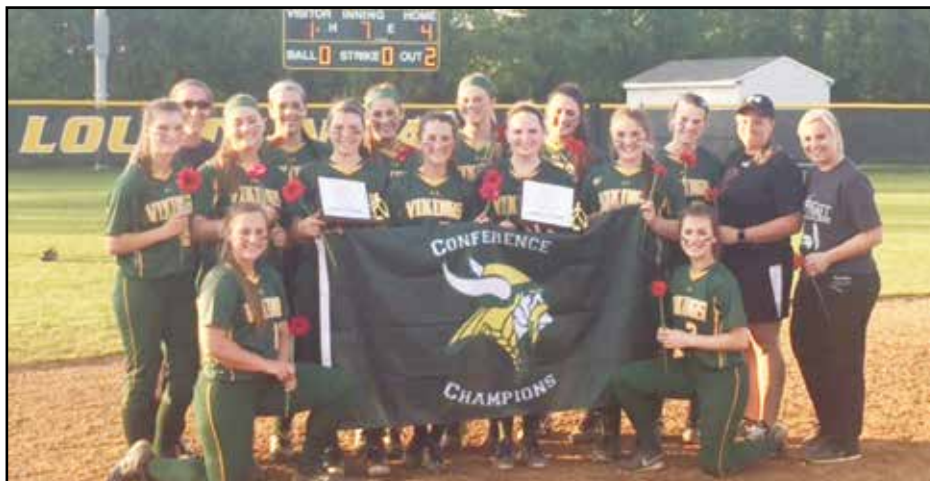
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The Lady Vikings earned the back-to-back conference title

The Lady Vikings earned the back-to-back conference title with a 4-1 win over Heritage in late May. The team earned a first round playoff bye finishing first in the conference and then went on to defeat Rock Ridge 12-0 in the conference semi-finals. The Lady Vikings ended their regular season with 16 wins and only 1 loss and advance to the regional playoffs.



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FOCUS ON...

Sarah Huntington Photography



Photo by Valerie Cury

Sarah Huntington has lived in Loudoun County, and done photography for more than 30 years. She attended Corcoran School of Art in Washington D.C. where she studied art and photography. "I love to tell a story with my photographs," said Huntington. When Sarah shoots you, you live forever: Huntington does portraits, business photos and small weddings – oh yes, and don't forget your pets! She also offers videography services and can be reached at 540 338-7809. Her studio is located at 102 North 21st Street in Purcellville.

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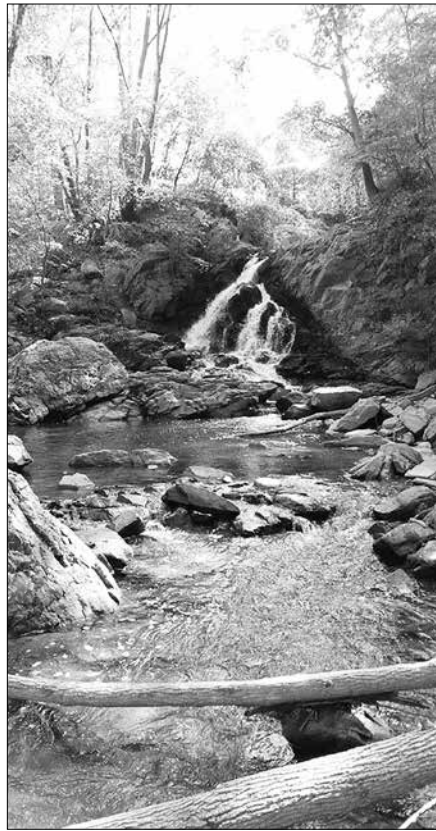
– By Tim Jon

My advice is: Don't look straight down; the combination of rushing highway traffic a couple of feet away and, what's – to me, anyway – a dizzying height, can produce some unsettling sensations. I came to this conclusion after walking back and forth across the river bridge on Route 340 between Virginia and Maryland from one of my newest discoveries in our local treasure chest: Potoma Wayside. Yeah, that's Potoma, not Potomac – I checked and double-checked the sign. Oddly enough, I'd been just about a hundred yards away countless times – delivering mail at the gas station right at the intersection with Route 671 – Harpers Ferry Road – and had never noticed this little roadside access point nestled in the greenery.

Having eyed the spot on our 21st Century internet mapping services, I figured it just may provide some interesting views of the surrounding geography: Loudoun Heights, the Potomac River and Harpers Ferry, West Virginia. My hunches were confirmed as I navigated the bridge on a chilly, windy (but clear) morning; not a very peaceful walk, what with tractor trailers whizzing by so fast I didn't want to look at them – I just heard the scream of rushing air, tires and machinery as they literally sped by – it made some of my glances down at the River more than a little unnerving, but the adrenalin got the better of me and I embraced the experience. Suspended on that metal structure, one is rewarded with lots of inspiring sights: The sky being the predominant feature, followed by the moving water below, broken up – quite unceremoniously – by the up-jutting rocky bottom, then you'll come to notice the rolling hills in just about every direction, and – off to the west about a mile or so – the charming silhouette of historic Harpers Ferry.

In fact, I enjoyed the views of the little Town enough to re-cross the bridge about half-way on the upstream side – just to gain a better look, unobstructed by the metal span and the rushing vehicles. Having filed about a hundred shots on my camera (and countless more on my own feeble memory card) and finally admitting that the heights, and the moving traffic, and the cold, and the wind were creating a combined tilt-o-whirl effect on my system, I headed back to my version of civilization: My vehicle and a good cup of coffee.

Now, I'd noticed a walking trail or two heading down through the trees toward the water's edge, but time and practicality won out and I decided to leave those discoveries for another visit. It may be awhile before I find myself back at Po-



toma Wayside – way up at the northern limit of our County – but I trust that when I go, it'll still offer access to that bridge with those incredible views of all that sky, and the rocky, moving water, and the gentle rolling hills, and that little, historic Town to the west where tragic events had come to loggerheads – not only in John Brown's raid – catalyzing the Civil War – but numerous times during that ensuing conflict. Funny – now – how peaceful it looks – especially from my recent vantage point – as it rests there under the protective shoulders of the nearby hills, at the confluence of those two rivers – the Shenandoah and the Potomac.

I guess time and distance can do that for a lot of situations – seemingly enormous when they occur – appearing at least slightly less overwhelming from a second, or safer, or somehow different perspective. So I can cross the Route 340 Bridge concerned only with today's lesser hazards of whizzing traffic and dizzying heights – not the roar of not-so-distant gunfire; I imagine I'm joined by countless others in numberless locations across our globe – enjoying the peace allowed by the distance of time – and the selfless efforts of those who ensured the outcomes would allow these later experiences. And for those as yet unable to cross those bridges in peace, they can at least witness the countless examples which show them the way.

If the distance of time can't heal all wounds, it's a pretty good start. Just take a look around the slopes of Loudoun Heights, and on the waters of the Potomac River, and in the little Town of Harpers Ferry, West Virginia.

Where have you been today?

Council Meeting, continued from page 7

other options. Ten options returned to the council on May 10: All of which required the town to pay something whether it be in staff time or actual funds. Estimated costs were ranging from \$10,000 to \$40,000 depending upon how many videos the town wanted made. The cheapest option outside CGI was Monroe Tech in Leesburg where the students would produce one video, free of charge, with town staff assistance; this however, would be experimental as Monroe Tech has never done anything like this before. Council Member Kelli Grim found the challenge a great opportunity for the Leesburg high school calling it a "wonderful option".

Ultimately, CGI's initial offer was too good to pass up.

So, the Purcellville town council voted six to one, with Council Member Lehr in the minority, to contract CGI for the town promotional video.

The next order of business covered the Purcellville Wine and Food festival. The town conducted a survey to find out how many of its residents participated in the local event and found that 70-75 percent of attendees come from outside Purcellville. In order to encourage local involvement, the council had been exploring a discount ticket option for residents that would cut the cost of attendance by half. The proposal would provide a discount code, and would be put with the June utility bill, and could be redeemed online beforehand or at the gate on the day of the event.

Staff did raised concerns about "bleed over" or having the discount code go public outside of town where nonresidents would benefit from the discount and so preferred the first option where tickets were reduced in price across the board for everyone. This option would then require less management from the town by reducing logistics at the gate and online.

The council majority did not see things that way. They liked the discount code option, "Our town citizens do pay towards this event and [as such] deserve a discount" said Vice-Mayor Patrick McConville. As the meeting agenda put it "there is no efficient way to ensure that only in-town residents are using the code": The majority of council elected to have a discount code distributed to town residents in a vote of five to two.

Towards the end of the meeting, the council addressed the recent need for dealing with public complaints against a council member. The town attorney, Sally Hankins, drafted a description of possible processes which other localities across the country have used.

At the moment, the town is not obligated to handle complaints against a council member. Of the options provided to the council, the group was undecided on what approach would best satisfy the pressing desire for accountability. A third party option was suggested, at the added expense to the town budget, but some members, like Council Member Grim, were interested in a randomized Ad Hoc hearing where a mixture of councilmembers and citizens could oversee proceedings. The idea received bittersweet reception since it could have the possibility of becoming a drawn out and expensive process.

The council was undecided upon a proper

course of action, thus they adjourned to deliberate further and to come to a decision at the next meeting on May 24.

May 24 Meeting

May 24 found the council with resolution. Upon further discussion they decided that any complaint should be made public for the next public meeting. Then the Council would decide on whether the complaint had merit and jurisdiction within the Council's power to be handled.

As such, the Council would have the authority to decide on what decorum is appropriate for a member of Council.

Other material discussed was the lease renewal of the Purcellville police department. Currently located on Hirst Road. While the location is adequate for the police, Chief of Police Cynthia McAlister is requesting certain precautions taken with security which would include the addition of blast proof glass for the front of the building, keycard accessed doors, and numerous other renovations which require a cost of \$35,000. The investment amount would be shared between the Town and Lowers Risk Group, the new owner of the building, with tax payers covering two-thirds of the cost over the course of the life of the lease.

Also, the council discussed the new budget for the upcoming fiscal year. This included discussions on the sale of town property, the bulk sale of water, and the possibility of growth versus rate hikes.

The Town of Purcellville is in the process of selling property, on 20th Street, to Mary's House of Hope and plans to use the income from that sale to reduce utility cost at the benefit of the town's citizens. Council Member Joan Lehr has been against the usage of the income from the sale to reduce taxes stating, "This is a onetime income that is supposed to go into onetime reserves for onetime expenses, it's not to be used to lower taxes for a period of time."

Mayor Kwasi Fraser retorted that "From a business perspective that would be a dangerous policy to have on paper." Staff later clarified in the conversation that Council Member Lehr's opinion was based on a guideline and not on a concrete fiscal policy.

The town has also been conducting a bulk sale of water for swimming pools. Currently the town has a 40,000-gallon cap on its bulk sale: Meaning the water facility has the capacity to create up to 40,000 gallons a day of surplus water. This would create an extra avenue for income to the town at little to no extra cost. Council Member Lehr was uncomfortable with the idea of the Town selling bulk water at rates below what local businesses pay for their water. However, the Mayor noted that this was a case of "Economics of scales" since the water does not travel through the existing infrastructure to make it to its end point. It's a simple case of someone pulling up to fill at a facility. It was also pointed out at the meeting that the rate was significantly higher than the Town of Leesburg.

The budget vote was pushed to the next council meeting, June 14, as some members wanted to have more time to examine the budget.

Wait. Something That's Really Healthy Can Be Really Fun ... Too?

– By Andrea Gaines

Parents of small children, and property owners with pools, ponds and other water features know that swimming safety is a must. You need to have clear rules about how ponds, pools and other places are to be used, and when. Safety equipment needs to be up to date and accessible, and it is critical that there be a responsible adult or young person at the water at all times to enforce safety and other rules.

With the safety part taken care of, everyone can move on to the fun of swimming, and everyone – young and old – can also enjoy the significant health benefits that go along with splashing around and cooling off.

There is, in fact, nothing better than swimming when it comes to getting young children interested in an early exercise routine. For, as doctors, athletic coaches, and other national and local experts will tell you, swimming is a great physical fitness tool – increasing your heart rate without also creating stress on the joints, building endurance and strength, maintaining a healthy weight and toning the muscles of the body. For example ...

Swimming – which works just about every muscle in the body – is a “brilliant” all around exercise. Even if you are just carefully and deliberately pushing your body through the water you’re doing yourself a tremendous amount of good, working the muscles in your legs, core, chest, back, stomach, waist, shoulders and hands. This positively impacts what

swim coaches call the three S’s – stamina, suppleness and strength, improving your cardiovascular fitness, muscle tone and overall sense of wellbeing.

Swimming is great for people with joint problems and those with disabilities and injuries. Swimming gets you moving without the sometimes harmful effects of weight bearing exercise such as running, and impact sports such as tennis. While weight bearing exercise is very good for most people – including the young – it’s not so good for people with joint problems caused by simple wear and tear, or diseases such as bursitis and arthritis, and people with low back pain. Swimming can also aid the body in healing, and help reduce inflammation.

Swimming and weight loss. Depending on the level of intensity, and your weight, swimming will burn somewhere between 400 and 700 calories per hour. At a lower intensity level (slow laps, for example), swimming will burn roughly the same number of calories as hiking or weight training, and slightly more calories than what you’d burn by going for a brisk walk. At the higher end (fast laps), swimming burns about the same number of calories as running and/or using a stair master. And, because swimming builds, stretches and tones your muscles, it also helps with flexibility.

Swimming also helps combat our most common and most chronic diseases. As an aerobic activity, getting in the pool can be a



very important part of a diabetes treatment plan. As doctors will tell you, the calorie burning aspects of swimming help lower your blood sugar, making it a great thing to add to your normal exercise routine. Swimming also works to lower your “bad” LDL cholesterol and raise your “good” HDL cholesterol.

Swimming – as everyone knows – also cools you off. And, because that change in temperature on a hot day can be so welcoming to body, mind and spirit, people often spend more time at this form of exercise than if they had decided to go out for a run. On that score, experts say it’s a good idea to try and fit in about 2-1/2 hours of swimming and/or water sports a week, and to mix it with other cardio workouts.

Our area has lots of public pool resources, and summer camps and programs in

swimming are very popular – for everyone from newborns to grade schoolers, to young adults and, increasingly, older adults.

So, get into the swim this summer. It’s nice to know that such an enjoyable thing can be so good for you!

Our thanks to The Potomac Swim School for their contributions to this article. Potomac Swim School is the first privately owned swim school in the Washington, DC metro area that was constructed solely for the purpose of teaching swim lessons. Donna Boone, Potomac Swim School’s Founder and CEO, has been coaching and teaching swimming lessons since she was 15 years old. For more information go to www.potomacswimschool.com.

Yearbook Accolades

State and national competition results are in for the 2015 Saga. At the state level in Virginia High School League judging, the book received its thirty-second consecutive Trophy Award, the highest the league awards a publication. The Saga has the longest consecutive winning streak for publications in the state. “I appreciate the work ethic and desire to excel Saga staffs have shown over the years to keep this steak going. It’s not easy to repeat what is considered by VHSL to be the equivalent of a championship,” Akers said.

On the national level the 2015 yearbook received a Pacemaker from the National Scholastic Press Association at the University of Minnesota. Each year the organization presents scholastic journalism’s preeminent award, the Pacemaker. There is a category for each type of publication – online, newspaper, yearbook, magazine and broadcast. Entries are judged by teams of professionals based on the following criteria: coverage and content, quality of writing and reporting, leadership,

design, photography and graphics.

On March 18, Saga 2015 brought home a Silver Crown from Columbia Scholastic Press Association’s Awards Assembly that closed the 92nd annual Scholastic Convention. A total of 65 high school Gold and Silver Crowns were awarded to schools across the country. During Crown considerations, publications are judged on their excellence as shown by their design, photography, concept, coverage and writing. Crown Awards summarize overall excellence in the entire publication and function as a “top-down” view of general excellence.

“The recognition the Pacemaker and Silver Crown Awards bring the Saga staff is important in showing my students they are doing great work and successfully competing at the national level in addition to the state level. Measuring your work against other books across the country provides insights into what others are doing and motivation to continue excelling,” Akers said.



From left to right: Photography Editor Leah Coles, Photography Editor Megan Gannaway, Editor Danielle Anderson, CSPA Executive Director Edmund Sullivan, Editor Francheska Molina, Sports Editor Haley Burnell.

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**Liz Friedman Photography
At North Gate Vineyard**

North Gate Vineyard announced the appointment of local artist, Liz Friedman as the program's newest Artist-in-Residence. Liz will be hosting a public reception showing her work entitled 'Portraits of Nature' at North Gate Vineyard on Saturday June 4, from 4-8 p.m. Her show features a collection of close up photographs of flowers, insects, birds and animals. Her work will be on display through August 29. *She is an avid nature lover, artist and amateur photographer who has been shooting close-up images of local flora and fauna for the past 11 years.*

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A Bit Of Privacy In A Close-Knit Purcellville Community



- By Hannah Hager

The quaintness of the Town of Purcellville encompasses many small town American dreams; a safe neighborhood, excellent schools and a sense of community. You probably already know and appreciate this, but don't we all wish to escape sometimes?

Located in the Courts of St. Francis neighborhood, this relatively young home is situated on the edge of a cul-de-sac. Its growing trees and foliage blooming over trellises provides a level of privacy that you won't find in many tight-knit areas. You'll find it's perfectly primed for front porch sitting where you can cool yourself under the ceiling fans while you watch your kids play during the upcoming summer months.

Those of you who are open floorplan

Address: 105 Ravello Court, Purcellville
Bedrooms: Three
Bathrooms: Three full and one half bath
List Price: \$479,800
Agent: Jowilla Beck, Pearson Smith Realty
Phone: 703-618-0305
Email: JoWilla@Verizon.net

fanatics will be pleased to walk through the front door to find the foyer, formal living room and dining room are only separated by well-appointed columns. No detail has gone untouched in the finishes of this home - the windows, their frames and plantation-style blinds - as well as the hardwood



flooring and recessed lighting - all point to an air of richness in design. If you walk up the stairs at the end of the pathway, you'll find the master bedroom with its own en suite bathroom. Sorry kids, but you'll have to share a Jack and Jill bathroom.

Back on the main level, you'll never be far from your loved ones while in the study or library, which is located just off the family room that has a fireplace as its centerpiece. The chef in your family won't feel left out as the center island is the only



divider from the great room.

Did you notice the street name Ravello? Its Italian sister city is located on the Amalfi Coast where only 2,500 people live. You'll probably find time to pop open a bottle of Italian red wine while in the butler's pantry. You can even enjoy it on the side patio if you're looking for some privacy. With all that family togetherness, it won't be hard to believe that you will.

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Sunday Concerts At St. Andrew: Music With A Cause

Classical Pianist Brian Ganz - All-Chopin Recital June 5

On Sunday, June 5 at 4 p.m., internationally recognized pianist Brian Ganz will present an all-Chopin recital at St. Andrew Presbyterian Church, 711 W. Main Street in Purcellville. The recital will feature several of Frédéric Chopin's studies for solo piano, including



Brian Ganz

"Revolutionary" Etude, among other works by the Romantic master. Ganz, who recently moved to Purcellville from Annapolis, is considered one of the finest pianists of his generation. The June 5 recital will kick off a new monthly musical series in Purcellville, Sunday Concerts at St. Andrew: Music With A Cause. In addition to providing an excellent, eclectic variety of music, these concerts, with Ganz as their artistic director, will benefit local charitable organizations. Tickets are \$15 at the door. For more information, visit www.standrew-pres.org or call 540 338-4332.

Loudoun Arts Council Presents "Metal" Exhibit



Loudoun sculptor and teacher Brian Kirk has taken his metal work in a new direction, using time, water and oxygen to tell a different set of stories through fascinating rust prints. Equal parts art and physics experiment, the images have ghostly quality that is unpredictable and moving. Arts Council President Jill Evans-Kavaldjian said, "Experimentation is a key part of the artistic experience."

Old Ox Brewery has been the pilot location for the LAC's artWorks program. "METAL," will be on display at Old Ox Brewery from June 8 through August. Meet the artist at the reception on July 1, 7 p.m. - 9 p.m.

For more information, go to www.loudounarts.org.

CARVER CENTER EVENTS - JUNE 2016

Ukulele Fun! Wednesdays, 12:45 p.m. to 1:45 p.m. First ten participants without instruments may use Carver ukuleles during class time.

Carver Chess Club - Thursdays during the summer, 6:00 p.m. to 9:00 p.m.

Monthly Lunch & Movie: Concussion (Ages 55 and up) - Friday, June 3, from 12:00 p.m. to 2:00 p.m. Please order meal at 571-258-3459 before noon on June 2.



Big, Bad Drama Company Presents: How the Other Half Dies - Saturday, June 4, 1:00 p.m. to 3:30 p.m. A teen drama group will perform this fun murder-mystery parody.

Contemporary Line Dance (Ages 10 and up) - Mondays, 2:00 p.m. to 3:00 p.m.

Computers for Absolute Beginners (Ages 55 and up) - Tuesdays (six-week class begins June 7), 9:00 a.m. to 10:30 a.m. \$48.00

Email and Internet Class (Ages 55 and up) - Tuesdays (six-week class begins June 7), 10:30 a.m. to 12:00 p.m.

New! Lyme Support Group (Ages 18 and up) - First Tuesdays, 7:00 p.m. to 8:30 p.m.

Summer Supper Club: Violino's Restaurant, Winchester (Ages 18 and up) - Thursday, June 9, 4:00 p.m. to 8:00 p.m.

June Lunch Bunch: Callahan's Seafood Bar and Grill, Frederick - Wednesday, June 15, 11:00 a.m. to 2:00 p.m. (Ages 55 and up)

Father's Day Excursion - Glow-in-the-Dark Miniature Golf (Ages 55 and up) Friday June 17, from 1:00 p.m. to 3:00 p.m. Entry Fee is \$3.00. Bus leaves at 12:30. Please sign up for transportation by June 10.

Tai Chi: Beginner (Ages 16 and up) - Mondays (eight-week class begins June 20), 7:00 p.m. to 8:00 p.m. \$87.00

Tai Chi: Intermediate (Ages 16 and up) - Mondays (eight-week class begins June 20), 6:00 to 7:00 p.m. \$87.00

Informational Session on Summer Fan Care Program - Tuesday, June 28, from 10:00 a.m. to 12:30 p.m. Persons age 60 and older and meeting income requirements are eligible for free fans.

Alzheimer's Support Group (Ages 18 and up) - Last Thursdays, 3:00 p.m. to 4:00 p.m.

JUNE 2016 EVENTS

☉ **June 4, Saturday, from 8:00 a.m. until 12:00 p.m. Yard Sale** at Rozell Chapel United Methodist Church. To donate items, call 540-338-5861. Pickup may be arranged.

☉ **June 4, Saturday, from 9:00 a.m. to 1:00 p.m., Purcellville Farmers' Market** celebrates its Grand Opening at a new location, the parking lot of The Shoppes at Maple and Main (Between Walgreens and Exxon).

☉ **June 4, Saturday, from 4:00 p.m. to 7:00 p.m., Unison Church Dinner.** All-you-can-eat hamburger and hot dog dinner and deserts at Unison Methodist Church, 21148 Unison Road, Middleburg. \$12 for adults. \$3 for children age 6 through 20. Children under age 6 free.

☉ **June 5, Sunday, 11-2 p.m. Smashing Walnuts Foundation Walk and Fitness Challenge,** Heritage High School, Leesburg.

☉ **June 5, Sunday, 4:00 p.m., Middleburg Concerts Series Presents Broadway Medley for Charity.** Soloists Abby Foy Middleton and Benjamin Curtis who will sing selected songs from Broadway musicals. The program will also include performances by Middleburg Concert Series musicians in residence Dr. Alan Saucedo (cello) Cynthia Saucedo (violin) and Karen Chase (voice) as well as Daniel Miller (piano) and Miho Sato (voice). Admission is free. Donations are requested and will be given to the Cherry Blossom Breast Cancer Foundation. Following the performance there will be a reception with light refreshments graciously provided by the Middleburg Bank, to afford an opportunity for the audience to meet the artists. The Middleburg United Methodist Church is located at the corner of Washington and Pendleton Streets.

☉ **June 11, Saturday, from 8:00 a.m. until 10:30 a.m. Neersville Country Breakfast Buffet.** Between the Hills Community Center located at 11762 Harpers Ferry Road.

☉ **June 23, Thursday, beginning at dusk (between 8:15 p.m. and 8:45 p.m.), Homeward Bound: The Incredible Journey.** Movies in the Park series at Ida Lee. Picnics and blankets encouraged. Pets, glass containers and alcohol prohibited (July 28 Honey, I shrunk the Kids, and August 25 The Fox and the Hound.)

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Franklin Park Arts Center & Franklin Park's



Music

2016 Summer Schedule

Theater & Family Events

LAST HAM STANDING COMEDY IMPROV
Friday, June 10 8:00 pm and
Friday, July 8 8:00 pm

JUNIOR THEATER CAMP, JAPANESE FAIRY TALES PERFORMANCE
Friday, July 15 1:00 pm
Admission: FREE

BOB BROWN PUPPETS PRESENTS: OLD MCDONALD'S FARM
Wednesday, July 20 10:00 am
Tickets: \$5 per person

TRAVELING LANTERN THEATER: VLADIMIR GOES FOR GOLD
Friday, July 22 11:00 am & 1:00 pm
Tickets: \$5 per person

PORTRAIT PORTRAYALS: PORTRAITS ALIVE! PERFORMANCE
Friday, August 12 7:00 pm
Admission: FREE

LAST HAM STANDING COMEDY BOOT CAMP
Monday-Thursday, Friday Performance
August 15-19 6:00-9:00 pm

VSA: OLD KING COLE'S PARTY
Friday, August 19 3:30 pm
Admission: FREE

Classes & Camps

TENNIS, FISHING, SPORTS, AND THEMED WEEK CAMPS AT loudoun.gov/prcs

JR. THEATRE TOURING CAMP
(Ages 6 - 14) Learn about traveling theater in this unique theater camp. Taking your show to camps and libraries across Loudoun County. Bring your own lunch/snack each day. Instructor: Heather Stillings
463221
July 5 - July 22, 10:00 am-2:30 pm \$250

ART EXPLORERS (AGES 8-11)
(Ages 8-11). Let your imagination soar and discover your artistic side as you create exciting arts and crafts projects! Call 540-338-7603.
462443-01 thru -03 \$37.50

Mon thru Friday, Week of 6/20, 7/18 and 8/8
8:30A-12:00P

PORTRAIT PORTRAYALS CAMP
(Ages 11 - 17) Find the story behind a portrait from our Portraits Exhibit in the Gallery and create a performance poem, monologue or reading. Meet several artists who have work in this exhibit and find out their stories. Instructor: Heather Stillings
463304
Aug 8-12, 6:00-9:00 PM \$125

Franklin Park Pool

POOL HOURS:
MAY 28 THRU JUNE 14 &
AUGUST 29 THRU SEPTEMBER 5

Monday thru Friday 4:00 pm - 8:00 pm
Saturday & Sunday 11:00 pm - 8:00 pm

JUNE 17 THRU AUGUST 28

Monday thru Friday 10:00 am - 8:00 pm
Saturday & Sunday 11:00 am - 8:00 pm

POOL FEES	WEEKDAY	WEEKEND
Under 2	\$1.50	\$2.50
Ages 2-17	\$4.50	\$5.50
Ages 18-54	\$5.00	\$6.00
Ages 55 & over	\$4.50	\$5.50
After 6:00 pm	\$2.50 all ages	\$3.50



Arts Center: franklinparkartscenter.org
36441 Blueridge View Lane,
Purcellville, VA 20132
540-338-7973

Franklin Park: loudoun.gov/franklinpark
17501 Franklin Park Drive,
Purcellville, VA 20132
540-338-7603

* Loudoun Times Mirror, Summer 2016

INDEPENDENCE DAY

Monday, July 4
5:00-5:45 pm Red, White & Blues
6:00-6:45 pm Eli Pafumi
(winner of YouthFest 2015)
7:00-7:45 pm Franklin Park Big Band
8:00-9:00 pm The Bumper Jacksons
roots jazz, country swing,
street blues

9:15-Fireworks Loudoun Symphonic Wind

RALPH CURTIS & NASHVILLE IMPOSTORS
Friday & Saturday, July 22 & 23 7:30 pm

THE IMMORTALS
Saturday, August 13 7:00 pm

BREATH OF SOUL
Saturday, August 20 8:00 pm

THE HUBCAPS
(Friends Of Franklin Park Arts Center,
Gold Star Performance)
Saturday, August 27 8:00 pm

USTAD SHAFAT KHAN: " INDIAN/WESTERN FUSION MUSIC
Saturday, September 3 8:00 pm

WILL THE CIRCLE BE UNBROKEN
Wednesday, September 7 8:00 pm

Special Events

INDEPENDENCE DAY

Monday, July 4
Admission: \$10 per Car
2:00 pm Parking Begins
3:00 pm Activities Begin
5:00 pm Music Begins
9:15 pm Fireworks Begins

SQUARE DANCE IN THE PARK

Saturday, July 30 6:00-9:00 pm
Tickets: \$8 per person, \$25 per family

GREAT AMERICAN BACKYARD CAMPOUT

(Ages 4+) include campsite, Saturday dinner, Sunday breakfast, and fun activities throughout the evening! You must provide your own tent, sleeping bags and personal camping equipment.
Saturday 6/25 - Sunday 6/26 4:00 pm- 10:00 am
462459-01 \$7.00/person

FISHING OLYMPICS

(Ages 8-15) Prizes will be given out at the end of the event. For more information, please call 540-338-7603.
Tuesday, August 16 5:00P-6:00P
462457-01 \$2.50

ARCHERY TOURNAMENT

(Ages 8-14) Different divisions for age and style. Bring your own equipment or use ours. Call 540-338-7603 for more information.
Wednesday, August 17 4:00 pm - 6:00 pm
462455-01, -02 \$2.50/person

FAMILY CAMPFIRES

7:15 pm - 8:30 pm Tickets: \$5.00/person
Saturday, August 13 Family Fun
Saturday, July 19 Full Moon
Saturday, June 25 All About Campfires



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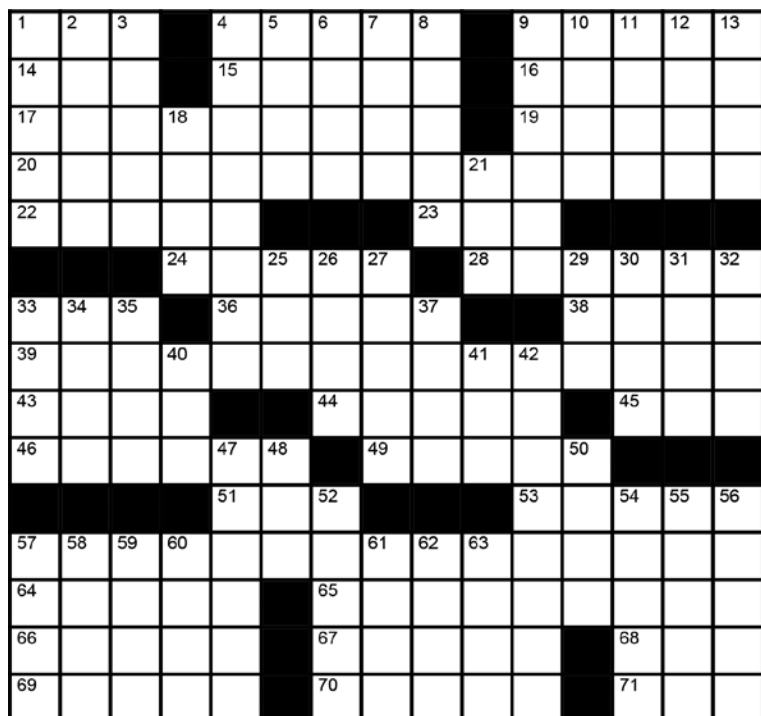
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ACROSS

1. End
4. Drops
9. Jollified
14. Baptist leader?
15. Poisonous to one's soul
16. Split to unite
17. Baked dish
19. Pea family plant
20. Certain contract
22. Early years in a century
23. Musical instrument, in Vietnam
24. Bake, as eggs
28. White mineral
33. Humanities degs.
36. "Glass ___" (Beatles tune)
38. Variety of 17-Across
39. Seller's guarantee
43. More than tickle
44. Mirliton
45. Schmaltz
46. Lover of Dido, in myth
49. Sheer fabric
51. Spout
53. Billiards move
57. 1944 Wilder flick
64. Any Time
65. Persian prophet
66. Spore mass
67. What's happening
68. Groove-billed ___
69. Biblical city
70. Belt for beatings
71. Lobster coral

DOWN

1. Silent
2. Fatuous
3. Out of style
4. Rubber, e.g.
5. Red giant in Cetus

6. Smooth
7. Locker room supply
8. Built for speed
9. Extortion, for one
10. Jewish month
11. Pith helmet
12. Kind of proportions
13. Just say no
18. Phoenix ___
21. Identify
25. Connections
26. Insurer's calculation
27. Small tree
29. Elhi org.
30. Vocalized
31. "___ the Fourth Generation" (Asimov story)
32. Waldorf salad ingredient
33. Arizona city
34. Spindle
35. Cross
37. Fascist
40. Ham holder
41. Palillo of "Welcome Back, Kot-ter"
42. Flat sharer
47. Shining
48. Freelancer's enc.
50. Family members, in the U.K.
52. "Carmen" composer
54. "Norwegian Wood" instrument
55. Gregg grad
56. High nest: Var.
57. Likes
58. Kon-Tiki Museum site
59. Like some bookstores
60. Lymph node swelling
61. Bagel topper
62. A Barrymore
63. Donkey's years

Answers on page 38

Remembering James Stanley Lickey, Sr.

James Stanley Lickey Sr., of North Fork, passed away May 27 surrounded by his loving family.

Lickey was born March 24, 1936 in Hamilton, where he lived with his parents and 12 siblings. Growing up, he dreamed of becoming a veterinarian to care for animals, but instead worked as a dairy farmer for most of his life. He served many people as a volunteer firefighter for the Philomont Volunteer Fire Department. He served Company 8 for 37 years including 32 years as a dedicated Chief. Lickey and also operated the Philomont General Store for many years.

He was predeceased by his parents; James and Myrtle Lickey; brothers; Arthur, Frank, and Russell and sisters, Mary Katherine, Libby and Rosie Mae. Surviving siblings are Tommy, Lee, Mildred, Ralph, Dorothy and Johnny.

Lickey has two sons, James Stanley Lickey Jr. and his wife Teresa, and Michael Lickey; two daughters, Lisa Kochel and her husband Glenn, and Jennifer Lickey; six grandchildren:



Amanda Six, Heather Dantro, Madeline Bennett, Bradley Kochel, Kody Dennis and Amber Lickey. He also has four great grandchildren, Garrett Dantro, Natalie Kochel, Adalyn Dantro, and Collins Six.

He leaves behind his loving wife of 58 years, Loretta Lickey. They fell in love at first sight at the Lovettsville diner and enjoyed many happy years together residing in North Fork.

Aside from his family, Lickey loved working in the shop with his sons, planting fruits and vegetables, hanging out at the Fire Department and around Purcellville with his many friends.

Lickey will be remembered as a wonderful husband, father, granddad, great granddad, brother, uncle, cousin, friend, and Chief.

A celebration of his life, took place at the Purcellville Baptist Church on Wednesday June 1. He was laid to rest at the Lakeview Cemetery in Hamilton.

Memorial contributions can be made to the Philomont Volunteer Fire Department at 36560 Jeb Stuart Rd., Philomont, Va 20131.

Dr. Mike, continued from page 2

like winning the lottery or losing your job. But I would still assert that our personal psychologies will dictate how we manage ourselves in response to positive or negative external factors when it comes to money.

My mother, for example, made sure that I always cleared my plate as a child and there were enough canned goods in our kitchen cupboard to feed us for 15 years if needed. Being frugal, not wasting food and always having enough on hand was part of her post World War II reality growing up as a child and it stayed with her for life – these realities were psychological, social and ecological for her – and likely unconscious.

So, getting your husband to change how he behaves with money, should start with first understanding why he does what he does and then coming up with shared action plan for change. Here are a few tips to consider.

Talk openly to your husband about money and listen closely to what he says. Help your husband to gain some insight and self-awareness as to why he spends so recklessly. If you don't already know, ask your husband about his childhood and money. Did he grow up poor, middle class or wealthy? Is he motivated to repeat what he experienced as a child or is he motivated to not repeat what he experienced as a child? Is money and/or possessions a compensation for something that happened to him or his family? Does money represent safety or security for your husband or something else altogether. Addressing the topic in a caring and loving manner and encouraging your husband to explore his thoughts and feelings on the topic is a good first step.

Talk about your concerns and ask your husband to listen to you. As much as you think your husband needs to change, perhaps you also

have some work to do on the topic of saving or spending. By openly expressing your thoughts and feelings on the topic, it's my hope that your husband will gain a greater understanding of your needs and strive to make changes or compromises that work for you both.

Hire an expert. It might be a good idea to turn to a financial planner or advisor for guidance. By bringing on a neutral third party to address your financial situation, you would no longer be the one to correct or complain to your husband about his spending habits – let a trained professional put together an action plan for spending and saving that works for you both as a couple and family.

Take control of what you can take control of and plan for the future. When discussing things together, be positive about your future and come up with some shared goals that the two of you can get excited about. Do you have the shared goal of paying off your house sooner than later? Do you have the shared goal of saving for an exotic family vacation or home renovations? Do you also have shared goals for retirement?

Consider couple's therapy. Marital therapy could be helpful if problems with money remain for you as a couple after trying to improve things. Having a neutral third party professional for the emotional realm of things could serve to improve communication problems and could help you both with putting together a road map for change.

Michael Oberschneider "Dr. Mike" is the founder and director of Ashburn Psychological and Psychiatric Services. He has been featured on Good Morning America, CNN and other popular media spots as a mental health expert. He has also received the Washingtonian Magazine "Top Therapist" honor for his work with children and teens. Go to Ashburnpsych.com or call 703 723-2999.

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Second African-American Heritage Bus Tour - June 25

Planning is underway for a repeat of the African American Heritage Bus Tour held last fall. The second tour has been scheduled for June 25, starting at 9:00 a.m. and ending at 4:30 p.m. It is being organized by the Black History Committee of Friends of the Thomas Balch Library, under the leadership of member Alicia Cohen, Cultural Tourism Ambassador for the Journey Through Hallowed Ground Program.

The Tour focuses on the shared history and contributions of black residents while traveling along hallowed ground and its routes of Leesburg, Waterford, Purcellville, Middleburg and Gledsville, with several stops which include Oatlands. A box lunch is included in the \$75 tour fee. For tour information and registration, please contact Alicia Cohen at: 703 606-3275 or aaheritagelocova@gmail.com.

Sachinski Joins Middleburg Eye Center

Dr. Chip Stine, a Board Certified Optometrist, in Middleburg, for more than 25 years, has announced the addition of Nadia Sachinski, Optometrist to the Middleburg Eye Center. Five doctors on staff including Emily Morin, Ophthalmologist, shall provide full time emergency, surgical and routine eye care. Crosen and Company Opticians, a separate optical department, will be available for frame and lens selections, adjustments and repair needs. Dr Stine's can be reached at 540 687-3634 or www.middleburgeyecenter.com.

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Answers to puzzle from page 34

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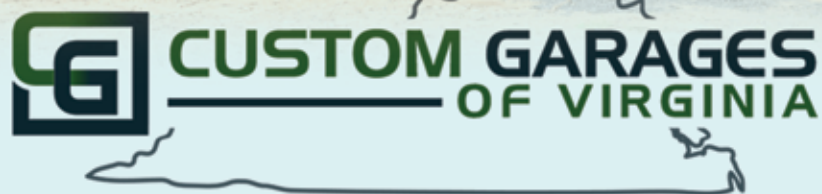
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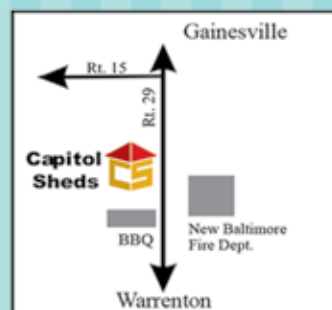
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